# **PREvention of Migraine In Adolescents**

| Submission date 28/12/2006          | <b>Recruitment status</b><br>No longer recruiting    | <ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>                    |
|-------------------------------------|--|---|
| <b>Registration date</b> 28/12/2006 | <b>Overall study status</b><br>Completed             | <ul> <li>Statistical analysis plan</li> <li>Results</li> </ul>                    |
| Last Edited<br>29/12/2006           | <b>Condition category</b><br>Nervous System Diseases | <ul><li>Individual participant data</li><li>Record updated in last year</li></ul> |

#### Plain English summary of protocol

Not provided at time of registration

## **Contact information**

**Type(s)** Scientific

**Contact name** Dr D Noordzij

#### **Contact details**

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## Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers N/A

# Study information

Scientific Title

Acronym PREMIA

#### **Study objectives**

Based on systematic reviews concerning effective treatments in children with migraine a medical treatment (propanolol) as well as a non-medical treatment (relaxation therapy) appear to be effective compared to no treatment or placebo. However their relative effectiveness is unknown.

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Ethics approval received from the local medical ethics committee

**Study design** Randomised, placebo controlled, parallel group, triple blinded trial

**Primary study design** Interventional

Secondary study design Randomised controlled trial

**Study setting(s)** Not specified

**Study type(s)** Treatment

Participant information sheet

Health condition(s) or problem(s) studied Migraine

**Interventions** Group 1: Propanolol treatment and placebo relaxation treatment Group 2: Placebo medical treatment and relaxation therapy

Intervention Type Drug

Phase Not Specified

**Drug/device/biological/vaccine name(s)** Propanolol

#### Primary outcome measure

- 1. Perceived effect and change of intensity
- 2. Frequence and duration of migraine attacks

#### Secondary outcome measures

- 1. Change in 'quality of life'- experience
- 2. Number of schooldays missed
- 3. Medical consumption

#### Overall study start date

01/10/2006

#### **Completion date**

31/07/2007

# Eligibility

#### Key inclusion criteria

Migraine patients
 Aged 13 to 18 years
 Living in Rotterdam

#### **Participant type(s)** Patient

Age group

Child

#### **Lower age limit** 13 Years

Upper age limit

18 Years

**Sex** Not Specified

**Target number of participants** 160

#### Key exclusion criteria

 Patients suffering from asthma, allergies and diabetes
 Using propanolol and/or relaxation therapy as a treatment less then six months before the start of the trial

#### Date of first enrolment

01/10/2006

# Date of final enrolment 31/07/2007

### Locations

**Countries of recruitment** Netherlands

**Study participating centre Erasmus Medical Centre** Alkmaar Netherlands 3016 AH

### Sponsor information

**Organisation** Erasmus Medical Center (The Netherlands)

**Sponsor details** Department of General Practice P.O. Box 1738 Rotterdam Netherlands 3000 DR

**Sponsor type** Hospital/treatment centre

Website http://www.erasmusmc.nl/#http://www.erasmusmc.nl/

ROR https://ror.org/018906e22

## Funder(s)

**Funder type** Other

**Funder Name** Nuts/Ohra (The Netherlands)

# **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration