

# PREvention of Migraine In Adolescents

<b>Submission date</b> 28/12/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 28/12/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 29/12/2006	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

N/A

## Study information

### Scientific Title

### Acronym

PREMIA

### Study objectives

Based on systematic reviews concerning effective treatments in children with migraine a medical treatment (propanolol) as well as a non-medical treatment (relaxation therapy) appear to be effective compared to no treatment or placebo. However their relative effectiveness is unknown.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethics approval received from the local medical ethics committee

**Study design**

Randomised, placebo controlled, parallel group, triple blinded trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Migraine

**Interventions**

Group 1: Propanolol treatment and placebo relaxation treatment

Group 2: Placebo medical treatment and relaxation therapy

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Propanolol

**Primary outcome(s)**

1. Perceived effect and change of intensity
2. Frequency and duration of migraine attacks

**Key secondary outcome(s)**

1. Change in 'quality of life'- experience
2. Number of schooldays missed
3. Medical consumption

**Completion date**

31/07/2007

**Eligibility**

**Key inclusion criteria**

1. Migraine patients
2. Aged 13 to 18 years
3. Living in Rotterdam

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Child

**Lower age limit**

13 years

**Upper age limit**

18 years

**Sex**

Not Specified

**Key exclusion criteria**

1. Patients suffering from asthma, allergies and diabetes
2. Using propranolol and/or relaxation therapy as a treatment less than six months before the start of the trial

**Date of first enrolment**

01/10/2006

**Date of final enrolment**

31/07/2007

**Locations****Countries of recruitment**

Netherlands

**Study participating centre**

Erasmus Medical Centre

Alkmaar

Netherlands

3016 AH

**Sponsor information**

**Organisation**

Erasmus Medical Center (The Netherlands)

**ROR**

<https://ror.org/018906e22>

**Funder(s)****Funder type**

Other

**Funder Name**

Nuts/Ohra (The Netherlands)

**Results and Publications****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration