

Structured discharge planning for patients with diabetes mellitus type 2 and ischemic heart disease: a randomised controlled trial

Submission date
14/08/2005

Recruitment status
No longer recruiting

☐ Prospectively registered

☐ Protocol

Registration date
26/08/2005

Overall study status
Completed

☐ Statistical analysis plan

☐ Results

Last Edited
14/09/2009

Condition category
Nutritional, Metabolic, Endocrine

☐ Individual participant data

☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

02-066

Study information

Scientific Title

Acronym

SDDM

Study objectives

Inpatients with diabetes mellitus type 2 and ischemic heart disease that receive structured discharge plans have less frequent hospital unexpected readmissions comparing to patients that receive usual care

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Diabetes mellitus type 2 and ischemic heart disease (simultaneously)

Interventions

Structured discharge plan (educational intervention) delivered by trained nurses versus usual care

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Hospital unexpected readmissions and emergency department visits

Secondary outcome measures

Quality of life, length of stay, morbidity, mortality, healthcare costs, glycated hemoglobin, total cholesterol, aspirin use, statin use, hypoglycemic episodes

Overall study start date

01/03/2003

Completion date

01/03/2006

Eligibility**Key inclusion criteria**

>40 and <75 years old, clinical diagnosis of type 2 diabetes and ischemic heart disease

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

316

Key exclusion criteria

Homeless individuals, hospitalization for <48 hours, severe mental disease, pregnant, transplantation recipients, survival expected time <2 years due to non-cardiac illnesses, chronic renal failure with dialytic treatment

Date of first enrolment

01/03/2003

Date of final enrolment

01/03/2006

Locations**Countries of recruitment**

Brazil

Study participating centre

Rua Landel de Moura, 1369
Porto Alegre

Brazil
91920-150

Sponsor information

Organisation

National Council for Scientific and Technological Development (CNPq) (Brazil)

Sponsor details

SEPN 507, Bloco
Brasilia
Brazil
70740-901
+55 61 21089000
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Sponsor type

Government

Website

<http://www.cnpq.br>

ROR

<https://ror.org/03swz6y49>

Funder(s)

Funder type

Government

Funder Name

The National Council for Scientific and Technological Development (CNPq). CNPq is a foundation linked to the Brazilian Ministry of Science and Technology (MCT), that supports Brazilian research (Brazil).

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration