# Non Invasive ventilation (NIV) in chronic ventilatory failure: A comparison of different modes of ventilation and an analysis of mechanisms of action

Submission date	Recruitment status  No longer recruiting	Prospectively registered		
23/01/2004		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/01/2004	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
03/12/2008	Nervous System Diseases			

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### Study objectives

NIV is an effective treatment for patients with ventilatory failure due to chest wall deformity, neuromuscular disease and some patients with lung disease. NIV during sleep improves oxygenation and transcutaneous CO2 overnight, together with an improvement in sleep quality and daytime arterial blood gas tensions. It has been postulated that either control of nocturnal hypoventilation with resetting of central drive, or the relief of chronic respiratory muscle fatigue is the crucial factor determining success. Some studies have shown that the improvement in daytime arterial blood gas tensions relates to a resetting of the central respiratory controller, but not to changes in respiratory muscle function. However Schoenhofer showed that NIV used for 8 hours per day during wakefulness was just as effective at improving arterial blood gas tensions as 8 hours per day during sleep. There was a significant improvement in respiratory muscle strength, without any change in central respiratory drive, and they postulated that NIV "works" by improving respiratory muscle function.

This distinction is important since the mechanism by which NIV "works" should determine the treatment endpoint, i.e. abolition of respiratory muscle activity to achieve complete muscle rest or improved sleep efficiency and optimisation of blood gas tensions overnight to restore central respiratory drive and improve sleep quality, with consequent beneficial effects upon daytime function. In turn this may affect the choice of ventilator that is to be used; for instance pressure support ventilation (PSV), in which the ventilator is triggered into inspiration and expiration according to patient effort, results in less complete muscle rest but may be more comfortable than full pressure controlled ventilation (PCV), during which the patient is required to make no respiratory effort. However, the cost of achieving complete muscle rest may be higher inflation pressures and an imposed pattern of breathing, which patients may find uncomfortable, and that compromises sleep quality.

We plan a comparison of pressure support ventilation against volume cycled ventilation in a one month randomised crossover trial to identify the relative importance of respiratory muscle fatigue and central respiratory drive in chronic respiratory failure. This will help to identify treatment endpoints in establishing patients on home non-invasive ventilation.

#### Ethics approval required

Old ethics approval format

# Ethics approval(s)

Not provided at time of registration

# Study design

Randomised controlled trial

# Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Nervous system diseases: Other nervous system disease

#### **Interventions**

Pressure support ventilation vs volume cycled ventilation

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Arterial blood gas tensions (pO2, PCO2)

#### Secondary outcome measures

- 1. Exercise tolerance (shuttle walk tests)
- 2. Psychometric tests
- 3. Central respiratory drive (using ventilatory and PO.1 response to carbon dioxide)
- 4. Assessment of respiratory muscle strength (sniff nasal pressures).
- 5. Full polysomnography (sleep quality and efficiency)
- 6. Health status

#### Overall study start date

10/01/2000

#### Completion date

10/01/2002

# **Eligibility**

#### Key inclusion criteria

Patients with established chronic respiratory failure due to chest wall deformity or neuromuscular weakness stable of home nocturnal non-invasive ventilation.

#### Participant type(s)

**Patient** 

#### Age group

**Not Specified** 

Sex

#### **Not Specified**

# Target number of participants

Added December 2008: 13

#### Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

10/01/2000

#### Date of final enrolment

10/01/2002

# Locations

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre 24 West End Road

Leeds United Kingdom LS28 5PF

# Sponsor information

#### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

#### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

#### Website

http://www.doh.gov.uk

# Funder(s)

#### Funder type

Government

#### Funder Name

NHS Executive Northern and Yorkshire (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/10/2005		Yes	No