# Non Invasive ventilation (NIV) in chronic ventilatory failure: A comparison of different modes of ventilation and an analysis of mechanisms of action

Submission date	<b>Recruitment status</b> No longer recruiting	Prospectively reg	
23/01/2004		[_] Protocol	
Registration date	Overall study status	[] Statistical analysi	
23/01/2004	Completed	[X] Results	
Last Edited 03/12/2008	<b>Condition category</b> Nervous System Diseases	[_] Individual particip	

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#### Plain English summary of protocol Not provided at time of registration

# Contact information

### Type(s) Scientific

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# Additional identifiers

EudraCT/CTIS number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

Scientific Title

### **Study objectives**

NIV is an effective treatment for patients with ventilatory failure due to chest wall deformity, neuromuscular disease and some patients with lung disease. NIV during sleep improves oxygenation and transcutaneous CO2 overnight, together with an improvement in sleep quality and daytime arterial blood gas tensions. It has been postulated that either control of nocturnal hypoventilation with resetting of central drive, or the relief of chronic respiratory muscle fatigue is the crucial factor determining success. Some studies have shown that the improvement in daytime arterial blood gas tensions relates to a resetting of the central respiratory controller, but not to changes in respiratory muscle function. However Schoenhofer showed that NIV used for 8 hours per day during wakefulness was just as effective at improving arterial blood gas tensions as 8 hours per day during sleep. There was a significant improvement in respiratory muscle strength, without any change in central respiratory drive, and they postulated that NIV "works" by improving respiratory muscle function.

This distinction is important since the mechanism by which NIV "works" should determine the treatment endpoint, i.e. abolition of respiratory muscle activity to achieve complete muscle rest or improved sleep efficiency and optimisation of blood gas tensions overnight to restore central respiratory drive and improve sleep quality, with consequent beneficial effects upon daytime function. In turn this may affect the choice of ventilator that is to be used; for instance pressure support ventilation (PSV), in which the ventilator is triggered into inspiration and expiration according to patient effort, results in less complete muscle rest but may be more comfortable than full pressure controlled ventilation (PCV), during which the patient is required to make no respiratory effort. However, the cost of achieving complete muscle rest may be higher inflation pressures and an imposed pattern of breathing, which patients may find uncomfortable, and that compromises sleep quality.

We plan a comparison of pressure support ventilation against volume cycled ventilation in a one month randomised crossover trial to identify the relative importance of respiratory muscle fatigue and central respiratory drive in chronic respiratory failure. This will help to identify treatment endpoints in establishing patients on home non-invasive ventilation.

Ethics approval required

Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

#### **Study setting(s)** Not specified

**Study type(s)** Not Specified

Participant information sheet

#### Health condition(s) or problem(s) studied Nervous system diseases: Other nervous system disease

**Interventions** Pressure support ventilation vs volume cycled ventilation

**Intervention Type** Other

**Phase** Not Specified

**Primary outcome measure** Arterial blood gas tensions (pO2, PCO2)

### Secondary outcome measures

- 1. Exercise tolerance (shuttle walk tests)
- 2. Psychometric tests
- 3. Central respiratory drive (using ventilatory and PO.1 response to carbon dioxide)
- 4. Assessment of respiratory muscle strength (sniff nasal pressures).
- 5. Full polysomnography (sleep quality and efficiency)
- 6. Health status

Overall study start date

10/01/2000

Completion date 10/01/2002

# Eligibility

### Key inclusion criteria

Patients with established chronic respiratory failure due to chest wall deformity or neuromuscular weakness stable of home nocturnal non-invasive ventilation.

**Participant type(s)** Patient

Age group Not Specified Not Specified

**Target number of participants** Added December 2008: 13

**Key exclusion criteria** Not provided at time of registration

Date of first enrolment 10/01/2000

Date of final enrolment 10/01/2002

### Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre 24 West End Road** Leeds United Kingdom LS28 5PF

### Sponsor information

**Organisation** NHS R&D Regional Programme Register - Department of Health (UK)

#### **Sponsor details** The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

### Sponsor type

Government

Website http://www.doh.gov.uk

# Funder(s)

**Funder type** Government

**Funder Name** NHS Executive Northern and Yorkshire (UK)

## **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/10/2005		Yes	No