Postponed or immediate drainage of infected necrotizing pancreatitis (POINTER trial)

Submission date 02/07/2015	Recruitment status No longer recruiting	Prospectively registered[X] Protocol
Registration date 06/08/2015	Overall study status Completed	 [] Statistical analysis plan [X] Results
Last Edited 02/09/2025	Condition category Digestive System	Individual participant data

Plain English summary of protocol

Background and study aims

Acute pancreatitis is a common disease where the pancreas becomes inflamed over a short period of time. During an acute pancreatitis attack, tissue within the pancreas may die (necrotize) and later become infected. Infected necrosis is associated with a mortality (death rate) of 20% and many other complications. Current guidelines recommend a so-called 'step-up approach' in these patients, starting with first catheter drainage. If necessary, patients will have an additional operation to remove their infected necrosis (necrosectomy). All these interventions are preferably delayed until the necrotic collections have reached the stage of walled-off necrosis. This process usually takes 4 weeks. During this waiting period antibiotic treatment is used. There is evidence that necrosectomy (second step) should be postponed until walled-off necrosis. However, evidence regarding the best timing of catheter drainage (first step) is lacking. This study aims to compare immediate and postponed catheter drainage in patients with infected necrotizing pancreatitis with regard to clinical outcomes and medical costs.

Who can participate?

Adult patients with (suspected) infected necrotizing pancreatitis.

What does the study involve?

Participants will be randomly allocated to either the intervention or the control group. Participants will undergo the same treatment as non-participating patients. The only difference is that participants in the intervention group will undergo catheter drainage earlier in the disease course. Participants will attend follow-up visits 3 and 6 months later to undergo routine tests (e.g., pancreatic function tests and imaging).

What are the possible benefits and risks of participating?

There is a rationale in postponing catheter drainage in patients with infected necrotizing pancreatitis. First, antibiotic treatment alone may suffice as treatment. Second, diagnosing infected necrotizing pancreatitis is often easier in a later stage of the disease. Third, catheter drainage may be easier once the stage of walled-off necrosis has been reached. On the other hand there is not always a technical reason to wait several weeks until full encapsulation of the collections and catheter drainage can be performed successfully in the first weeks after onset of

disease. For similar abdominal conditions catheter drainage is also safely performed early in 'nonwalled-off' collections. If there is no technical reason for postponing catheter drainage, patients with infected necrotizing pancreatitis may benefit from earlier catheter drainage by reduced complications and length of hospital stay.

Where is the study run from?

The study is initiated by the Dutch Pancreatitis Study Group (DPSG) and 24 Dutch hospitals will participate.

When is the study starting and how long is it expected to run for? The study will start in July 2015 and will run for 3 years. Thereafter the follow-up will be completed in 6 months, followed by 6 months for data collecting, analysing and reporting. The total duration of the study is 4 years.

Who is funding the study? Fonds NutsOhra and the Amsterdam UMC, location Academic Medical Center Amsterdam.

Who is the main contact? 1. Dr Lotte Boxhoorn L.boxhoorn@amsterdamumc.nl 2. Dr Marc Besselink m.g.besselink@amsterdamumc.nl

Study website http://www.pancreatitis.nl

Contact information

Type(s) Scientific

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Additional identifiers

EudraCT/CTIS number Nil known

IRAS number

ClinicalTrials.gov number Nil known

Secondary identifying numbers N/A

Study information

Scientific Title

Postponed or immediate drainage of infected necrotizing pancreatitis: a pragmatic parallel group randomized controlled multicenter superiority trial

Acronym POINTER trial

Study objectives

Immediate catheter drainage is clinically and economically superior to postponed catheter drainage within the step-up approach in infected necrotizing pancreatitis.

Ethics approval required

Old ethics approval format

Ethics approval(s)

The medical ethics committee of the Amsterdam UMC, location Academic Medical Center Amsterdam, 19/06/2015, NL52361.018.15

Study design

Pragmatic parallel-group randomized controlled multicenter superiority trial

Primary study design Interventional

Secondary study design Randomised parallel trial

Study setting(s) Hospital

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

Health condition(s) or problem(s) studied

Infected necrotizing pancreatitis

Interventions

Immediate catheter drainage after diagnosing infected necrosis while starting antibiotic treatment versus current standard treatment with postponing catheter drainage under antibiotic treatment (preferably until walled-off necrosis). If necessary a necrosectomy will be performed and postponed, if feasible, until the stage of walled-off necrosis in both treatment arms.

Intervention Type

Procedure/Surgery

Primary outcome measure

Current primary outcome measure as of 12/04/2021:

Comprehensive Complication Index (CCI), including all complications other than pre-existent complications (e.g. treatment for infected (extra) pancreatic necrosis) occurring after randomization until 6 months after randomization, and graded according to the Clavien-Dindo classification.

Previous primary outcome measure:

The Comprehensive Complication Index (CCI), including all complications between randomization and 6 months after

Secondary outcome measures

Current secondary outcome measures as of 12/04/2021:

- 1. Mortality
- 2. New onset (multi-)organ failure
- 3. Bleeding requiring intervention
- 4. Perforation of a visceral organ requiring intervention
- 5. Enterocutaneous fistula
- 6. Pancreaticocutaneous fistula
- 7. Incisional hernia
- 8. Wound infections
- 9. Endocrine and exocrine pancreas insufficiency
- 10. Number of patients with severe complications (Clavien-Dindo III or higher)
- 11. Number of patients per Clavien-Dindo classification
- 12. Number of surgical, endoscopic and radiologic interventions
- 13. Length of hospital stay
- 14. Length of ICU admission
- 15. QALYs

- 16. Total direct and indirect costs
- 17. Budget impact

All secondary endpoints occurring within 6 months after randomization will be measured

Previous secondary outcome measures:

- 1. Mortality
- 2. New onset (multi-)organ failure
- 3. Bleeding requiring intervention
- 4. Perforation requiring intervention
- 5. Fistula
- 6. Incisional hernia
- 7. Wound infections
- 8. Endocrine and exocrine pancreas insufficiency
- 9. Number of patients with severe complications (Clavien-Dindo III or higher)
- 10. Number of patients per Clavien-Dindo classification
- 11. Number of (re-)interventions
- 12. Hospital and ICU length of stay
- 13. QALYs
- 14. (In)direct costs
- 15. Budget impact

All secondary endpoints occurring within 6 months after randomization will be measured.

Overall study start date

01/07/2015

Completion date

11/04/2019

Eligibility

Key inclusion criteria

Adult patients with (suspected) infected necrotizing pancreatitis; all patients with necrotizing pancreatitis will be screened for eligibility including a protocolized approach to patients with signs of infection

Participant type(s)

Patient

Age group

Adult

Sex Both

Target number of participants 104

Total final enrolment 104

Key exclusion criteria

1. More than 35 days after onset of acute pancreatitis

2. Indication for emergency laparotomy for abdominal catastrophe (e.g. bleeding, bowel perforation, abdominal compartment syndrome)

3. Previous retroperitoneal intervention for necrotizing pancreatitis

4. Documented chronic pancreatitis

Date of first enrolment

04/08/2015

Date of final enrolment

11/10/2019

Locations

Countries of recruitment Netherlands

Study participating centre Amsterdam UMC, location Academic Medical Center Amsterdam Netherlands

Study participating centre Erasmus Medical Center Rotterdam Netherlands

Study participating centre St. Antonius Hospital Nieuwegein Netherlands

Study participating centre Maastricht University Medical Center Maastricht Netherlands **Study participating centre Radboudumc** Nijmegen Netherlands

Study participating centre University Medical Center Groningen Groningen Netherlands

Study participating centre University Medical Center Utrecht Utrecht Netherlands

Study participating centre Jeroen Bosch Hospital 's-Hertogenbosch Netherlands

Study participating centre Reinier de Graaf Gasthuis Delft Netherlands

Study participating centre Amsterdam UMC, location VU University Medical Center Amsterdam Netherlands

Study participating centre

Meander Medical Center Amersfoort Netherlands

Study participating centre Hospital Gelderse Vallei Ede Netherlands

Study participating centre Maxima Medisch Centrum Veldhoven Netherlands

Study participating centre Isala Klinieken Zwolle Netherlands

Study participating centre Rijnstate Hospital Arnhem Netherlands

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Study participating centre Medisch Spectrum Twente Enschede Netherlands

Study participating centre

Catharina Hospital Eindhoven Netherlands

Study participating centre Gelre Hospital Apeldoorn Netherlands

Study participating centre Medical Center Leeuwarden Leeuwarden Netherlands

Study participating centre Onze Lieve Vrouwe Gasthuis Amsterdam Netherlands

Study participating centre Amphia Hospital Breda Netherlands

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Study participating centre Maasstad Hospital Rotterdam Netherlands

Study participating centre

Spaarne Gasthuis Haarlem Netherlands

Study participating centre Albert Schweitzer Hospital Dordrecht Netherlands

Sponsor information

Organisation Academic Medical Center

Sponsor details Meibergdreef 9 Amsterdam Netherlands PO Box 22660 / 1100 DD

Sponsor type Hospital/treatment centre

ROR https://ror.org/03t4gr691

Funder(s)

Funder type Charity

Funder Name Fonds NutsOhra

Results and Publications

Publication and dissemination plan Planned publication in a high-impact peer-reviewed journal

Intention to publish date

01/10/2021

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Prof. dr. Marc Besselink (m.g.besselink@amsterdamumc.nl)

IPD sharing plan summary

Available on request

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Protocol article</u>	protocol	25/04/2019	29/04/2019	Yes	No
<u>Results article</u>		07/10/2021	07/10/2021	Yes	No
<u>Results article</u>		17/07/2023	17/07/2023	Yes	No
Other publications	Secondary analysis	25/04/2025	02/09/2025	Yes	No