

# The effects of exercise therapy in women who have had breast cancer

<b>Submission date</b> 30/06/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 23/08/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 25/09/2012	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

<http://cancerhelp.cancerresearchuk.org/trials/a-trial-looking-at-exercise-therapy-for-women-who-have-had-treatment-for-breast-cancer>

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

c8304/a3042

# Study information

## Scientific Title

### Study objectives

Exercise therapy will improve quality of life in women who have had breast cancer

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

## Participant information sheet

### Health condition(s) or problem(s) studied

Breast cancer

### Interventions

Exercise therapy versus continuing life as normal

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome measure

Quality of life

### Secondary outcome measures

Physical activity, depression, satisfaction with life, body fat, aerobic fitness

**Overall study start date**

01/01/2003

**Completion date**

31/01/2006

## Eligibility

**Key inclusion criteria**

Sedentary women who are between 1-3 years post treatment

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Female

**Target number of participants**

120

**Key exclusion criteria**

Aged 66 years or more

**Date of first enrolment**

01/01/2003

**Date of final enrolment**

31/01/2006

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Primary Care and General Practice

Birmingham

United Kingdom

B15 2TT

## Sponsor information

**Organisation**

Sheffield Hallam University (UK)

**Sponsor details**

Centre for Sport and Exercise Science  
Sheffield Hallam University  
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**Sponsor type**

University/education

**ROR**

<https://ror.org/019wt1929>

**Funder(s)****Funder type**

Charity

**Funder Name**

Cancer Research UK

**Alternative Name(s)**

CR\_UK, Cancer Research UK - London, CRUK

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Other non-profit organizations

**Location**

United Kingdom

**Results and Publications****Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	01/12/2004		Yes	No
<a href="#">Results article</a>	results	01/05/2007		Yes	No
<a href="#">Other publications</a>	participant recruitment	01/09/2007		Yes	No