

# The effects of exercise therapy in women who have had breast cancer

<b>Submission date</b> 30/06/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 23/08/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 25/09/2012	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

<http://cancerhelp.cancerresearchuk.org/trials/a-trial-looking-at-exercise-therapy-for-women-who-have-had-treatment-for-breast-cancer>

## Contact information

### Type(s)

Scientific

### Contact name

Dr Amanda Daley

### Contact details

Primary Care and General Practice  
University of Birmingham  
Edgbaston  
Birmingham  
United Kingdom  
B15 2TT  
+44 (0)121 414 3762  
a.daley@bham.ac.uk

## Additional identifiers

### Protocol serial number

c8304/a3042

## Study information

### Scientific Title

**Study objectives**

Exercise therapy will improve quality of life in women who have had breast cancer

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Breast cancer

**Interventions**

Exercise therapy versus continuing life as normal

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Quality of life

**Key secondary outcome(s)**

Physical activity, depression, satisfaction with life, body fat, aerobic fitness

**Completion date**

31/01/2006

**Eligibility****Key inclusion criteria**

Sedentary women who are between 1-3 years post treatment

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Female

**Key exclusion criteria**

Aged 66 years or more

**Date of first enrolment**

01/01/2003

**Date of final enrolment**

31/01/2006

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Primary Care and General Practice

Birmingham

United Kingdom

B15 2TT

**Sponsor information****Organisation**

Sheffield Hallam University (UK)

**ROR**

<https://ror.org/019wt1929>

**Funder(s)****Funder type**

Charity

**Funder Name**

Cancer Research UK

### Alternative Name(s)

CR\_UK, Cancer Research UK - London, Cancer Research UK (CRUK), CRUK

### Funding Body Type

Private sector organisation

### Funding Body Subtype

Other non-profit organizations

### Location

United Kingdom

## Results and Publications

### Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/05/2007		Yes	No
<a href="#">Protocol article</a>	protocol	01/12/2004		Yes	No
<a href="#">Other publications</a>	participant recruitment	01/09/2007		Yes	No