

# A pilot study to examine the safety and efficacy of posterior juxta-scleral (80 mg) triamcinolone acetonide, administration, in addition to Visudyne (verteporfin) photodynamic therapy for predominantly classic choroidal neovascularisation secondary to age-related macular degeneration: an open-label, randomised, active controlled trial

<b>Submission date</b> 04/11/2007	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 18/01/2008	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 15/02/2012	<b>Condition category</b> Eye Diseases	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**Protocol serial number**

05NB13

## **Study information**

**Scientific Title****Study objectives**

The aim of this study is to assess the effectiveness of posterior juxtascleral triamcinolone in reducing visual loss when used in conjunction with photodynamic therapy, for the treatment of exudative age related macular degeneration. We will be comparing the effect of the combined treatment against the standard treatment (Photodynamic Therapy [PDT]). The actions of triamcinolone are anti-inflammatory and anti-angiogenic. A beneficial effect of steroids in the eyes of patients with choroidal neovascularisation has been suggested in the literature.

As of 15/02/2012, the anticipated end date of trial was updated from 15/01/2008 to 01/11/2007. The trial was terminated early in November 2007 due to poor recruitment following the NICE approval of Lucentis for treatment of neovascular AMD.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethics approval received from the King's College Hospital Ethics Committee on the 29th January 2007 (ref no. 05NB13).

**Study design**

Open-label, randomised, active controlled parallel group trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Macula degeneration

**Interventions**

Patients are randomised to one of two treatments:

1. Patients receive Photodynamic Treatment (PDT) on their initial treatment visit. Follow up is every three months for a year with further PDT if required
2. Patients receive PDT and posterior juxtascleral injection of triamcinolone on their initial treatment visit. Follow up is every three months for one year. If required they will receive PDT on follow up visits

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Triamcinolone acetonide

**Primary outcome(s)**

The percentage of less than 15 letter loss at one year.

**Key secondary outcome(s)**

1. Percentage of more than 30 letter loss at one year
2. Number of re-treatments required in one year
3. Change in lesion size at one year

**Completion date**

01/11/2007

**Reason abandoned (if study stopped)**

"Participant recruitment issue"

## Eligibility

**Key inclusion criteria**

1. Age 50 years or older, male and female
2. Clinical diagnosis of age-related macular degeneration (AMD)
3. Subfoveal choroidal neovascularisation (CNV) confirmed by fluorescein angiography
4. Best corrected visual acuity of 35 letters on Early Treatment Diabetic Retinopathy Study (ETDRS) chart

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Inability to understand or sign consent form
2. The patient has a current medical condition or history of a medical condition that would be likely to preclude scheduled study visits
3. Patient has a current ophthalmic condition or history of an ophthalmic condition that might compromise the assessment of the treatment
4. Signs of a myopic retina or refraction of greater than -8 dioptries in their current or previous glasses prescription
5. Signs of other retinal conditions that may have caused the CNV such as angioid streaks,

choroidal rupture, and old chorio-retinitis

6. Open angle glaucoma

7. At increased risk of developing glaucoma such as having; pigment dispersion syndrome or pseudoexfoliation

8. Unable to have a good quality fluorescein angiogram taken, e.g., due to head tremor or media opacity

**Date of first enrolment**

16/01/2006

**Date of final enrolment**

01/11/2007

## **Locations**

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**King's College Hospital**

London

United Kingdom

SE5 9RS

## **Sponsor information**

**Organisation**

King's College Hospital (UK)

**ROR**

<https://ror.org/01qz4yx77>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

Novartis Pharmaceuticals UK Limited (UK)

**Funder Name**  
King's Research Fund (UK)

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes