

# A double-blind randomised placebo-controlled trial of symptom-triggered alcohol detoxification on a general psychiatric ward

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 03/11/2015	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Bruce Trathen

### Contact details

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## Additional identifiers

### Protocol serial number

N0151123769

## Study information

### Scientific Title

A double-blind randomised placebo-controlled trial of symptom-triggered alcohol detoxification on a general psychiatric ward

### **Study objectives**

To test the null hypothesis that there is no significant difference in length of hospital stay between subjects administered symptom-triggered alcohol detoxification and those receiving a detoxification according to usual clinical practice.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Mental and Behavioural Disorders: Alcohol dependence

### **Interventions**

Double blind randomised control trial of two methods of alcohol detoxification. Randomised to 'symptom-triggered alcohol detoxification' or detoxification according to 'usual clinical practice'.

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome(s)**

1. Description of demographics: means, confidence intervals, medians, ranges.
2. Duration of detoxification: means, confidence intervals, t-tests.
3. Rates of completion of detoxification: percentages, chi-square.
4. Intensity of withdrawal symptoms: repeated measures analysis of variance (ANOVA).
5. Overall patient satisfaction: means, t-test.
6. Occurrence of complications of withdrawal: qualitative analysis for physical complications; repeated measures ANOVA for psychiatric symptoms.
7. Total medication used: means, t-tests.
8. Prognostic indicators for various outcomes: ANOVA, analysis of covariance (ANCOVA), linear and logistic regressions.

### **Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

30/03/2004

## Eligibility

**Key inclusion criteria**

70 patients admitted to one ward and who are identified by staff as requiring alcohol detoxification at the point of admission, and who meet International Statistical Classification of Diseases and Related Health Problems - tenth revision (ICD10) criteria for alcohol dependency.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

01/04/2003

**Date of final enrolment**

30/03/2004

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

CDAT

Harlow

United Kingdom

CM20 1DL

## Sponsor information

**Organisation**

Department of Health

**Funder(s)****Funder type**

Hospital/treatment centre

**Funder Name**

North Essex Mental Health Partnership NHS Trust (UK)

**Results and Publications****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes