# Prospective randomised trial to evaluate the effectiveness of hydrotherapy as opposed to dry land physiotherapy

Submission date 30/09/2005	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 30/09/2005	Overall study status	Statistical analysis plan
Last Edited	Completed Condition category	<ul><li>[] Results</li><li>[] Individual participant data</li></ul>
13/03/2014	Surgery	[_] Record updated in last yea

#### Plain English summary of protocol

Not provided at time of registration

# Contact information

Type(s) Scientific

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#### **Contact details**

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers N0025157076

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## Study information

#### Scientific Title

#### **Study objectives** Do patients need hydrotherapy after disc surgery and is it more effective than dry land physiotherapy?

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Not specified

**Study type(s)** Not Specified

Participant information sheet

Health condition(s) or problem(s) studied Surgery: Disc surgery

**Interventions** Hydrotherapy vs dry land physiotherapy

Intervention Type Procedure/Surgery

**Phase** Not Specified

**Primary outcome measure** Not provided at time of registration

**Secondary outcome measures** Not provided at time of registration **Overall study start date** 01/12/2004

Completion date 01/04/2007

# Eligibility

**Key inclusion criteria** Not provided at time of registration

Participant type(s) Patient

Age group Not Specified

**Sex** Not Specified

**Target number of participants** 38 patients with disc surgery

**Key exclusion criteria** Not provided at time of registration

**Date of first enrolment** 01/12/2004

Date of final enrolment 01/04/2007

# Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre Clinical Director-Orthopaedic Directorate** Liverpool United Kingdom L9 7AL

# Sponsor information

**Organisation** Department of Health

#### Sponsor details

Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

Website http://www.dh.gov.uk/Home/fs/en

### Funder(s)

**Funder type** Government

**Funder Name** Aintree Hospitals NHS Trust (UK)

Funder Name NHS R&D Support Funding

### **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration