

# Supine versus Prone Extracorporeal Shockwave Lithotripsy for Proximal Ureteric Stones

**Submission date**  
28/09/2007

**Recruitment status**  
Stopped

☐ Prospectively registered

☐ Protocol

**Registration date**  
28/09/2007

**Overall study status**  
Stopped

☐ Statistical analysis plan

☐ Results

**Last Edited**  
05/04/2012

**Condition category**  
Urological and Genital Diseases

☐ Individual participant data

☐ Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

N0234179134

## Study information

### Scientific Title

### Study objectives

We are looking at the effect patient position has on the success of lithotripsy for stones located in the upper ureter. Upper ureteric stones may be treated with the patient lying on his/her back

or front. We aim to determine whether one position is more effective at breaking the stone than the other.

As of 05/04/2012, the anticipated end date of trial has been updated from 01/08/2008 to 01/08/2007.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Urological and Genital Diseases: Calculus of ureter

### **Interventions**

All patients presenting for lithotripsy to an upper ureteric stone will be approached immediately prior to treatment regarding inclusion. A full explanation of the treatment and study protocol will be given and the patients will be given the opportunity to ask questions and consult family members. Those in agreement to participate will be asked to sign a consent form. The position for treatment will be allocated immediately prior to treatment using sealed envelopes. All patients will receive a maximum of 3000 shockwaves at a maximum power of 100%. Following each treatment patients will be asked to complete a short patient satisfaction questionnaire, including a pain score.

Patients will be reviewed at the time of their second treatment two weeks later with a KUB x-ray (standard practice). The presence, site and size of any residual stone will be recorded. The second treatment will also be given in the same position as the first. Any patients requiring a second treatment will be reviewed in an outpatient clinic 2 weeks later to determine the outcome, again using a KUB x-ray (standard practice).

Sample size - a sample of 182 patients (91 patients in each group) would enable the detection of a standardised difference in SWL success rates of 20% or greater when patients are treated prone versus supine. This estimate was based on a two-tailed, paired t-test, using 80% power and a 5% significance level.

Study End Point - the study will be discontinued once either the stone has been confirmed to have passed using x-ray KUB or persistent stone presence following two consecutive treatments.

### **Intervention Type**

Other

### **Phase**

Not Specified

**Primary outcome(s)**

1. Proximal ureteric stone passage rates at 2 weeks following first SWL treatment
2. Proximal ureteric stone passage rates at 2 weeks following second SWL treatment

**Key secondary outcome(s)**

1. Total time taken to perform treatment (time from first screening to discontinuation of shock wave delivery)
2. Power and number of shocks delivered per treatment
3. PCA (patient controlled analgesia) use
4. Complication rates and the number of ancillary procedures required in each group

**Completion date**

01/08/2007

**Reason abandoned (if study stopped)**

"Participant recruitment issue"

## **Eligibility**

**Key inclusion criteria**

Any patient with a proximal ureteric stone (all stones located proximal to the sacroiliac joint) will be considered for inclusion.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

1. Ureteric stent or nephrostomy in situ
2. Radiolucent stone
3. Any patient unable to lie supine or prone for any reason
4. < 16 years old

**Date of first enrolment**

19/04/2006

**Date of final enrolment**

01/08/2007

## **Locations**

## Countries of recruitment

United Kingdom

England

## Study participating centre

Bristol Urological Institute

Bristol

United Kingdom

BS10 5NB

## Sponsor information

### Organisation

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

## Funder(s)

### Funder type

Government

### Funder Name

North Bristol NHS Trust

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes