

# The effect of Marinol (tetra-9-hydrocannabinol) on the frequency of transient lower oesophageal sphincter relaxations (TLESRs)

<b>Submission date</b> 04/08/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 04/08/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 10/06/2008	<b>Condition category</b> Digestive System	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

NTR52

# Study information

## Scientific Title

## Study objectives

Cannabinoid receptor (CB1) agonists, like marinol, lower the rate of transient lower oesophageal sphincter relaxations (TLESRs) and can be useful in the treatment of gastro-oesophageal reflux disease (GERD).

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the local ethics committee.

## Study design

Double-blind, placebo-controlled, crossover, randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Gastro-oesophageal reflux disease (GERD)

## Interventions

Twice a four-hour oesophageal manometry and pH-metry (transnasally). Single dose of 10 mg marinol (tetra-9-hydrocannabinol [THC]) and a single dose of placebo.

## Intervention Type

Drug

## Phase

Not Specified

## Drug/device/biological/vaccine name(s)

Marinol

## Primary outcome measure

Frequency of TLESRs measured by oesophageal manometry up to three hours post-prandially.

### **Secondary outcome measures**

Rate of acid reflux episodes measured with pH-metry for three hours post-prandially, basal lower oesophageal sphincter pressure (LESp) measured by manometry.

### **Overall study start date**

03/05/2004

### **Completion date**

01/06/2005

## **Eligibility**

### **Key inclusion criteria**

1. Male
2. Aged 18 - 55 years
3. 65 - 100 kg, body mass index (BMI) 19 - 30 kg/m<sup>2</sup>
4. Normal physical and laboratorial findings at start of study

### **Participant type(s)**

Patient

### **Age group**

Adult

### **Lower age limit**

18 Years

### **Upper age limit**

55 Years

### **Sex**

Male

### **Target number of participants**

18

### **Key exclusion criteria**

1. Clinical relevant illness two weeks prior to start of study
2. Systemic illness which influence oesophageal motility
3. Use of drugs that influence gastrointestinal motility
4. Drug abuse, mania, depression, schizophrenia or another mental illness
5. Cardiac complaints such as hypotension, hypertension, syncope, tachycardia
6. Cannabis allergy, sesame oil allergy or another severe allergy

### **Date of first enrolment**

03/05/2004

### **Date of final enrolment**

01/06/2005

## Locations

### Countries of recruitment

Netherlands

### Study participating centre

**Meibergdreef 9**

Amsterdam

Netherlands

1105 AZ

## Sponsor information

### Organisation

Academic Medical Centre (AMC) (The Netherlands)

### Sponsor details

Emma Kinderziekenhuis

Postbus 22660

Amsterdam

Netherlands

1105 AZ

### Sponsor type

University/education

### Website

<http://www.amc.uva.nl/>

### ROR

<https://ror.org/03t4gr691>

## Funder(s)

### Funder type

Industry

### Funder Name

AstraZeneca R&D Mölndal (Sweden)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration