

Mild induced hypothermia for severe falciparum malaria

Submission date 19/06/2013	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 23/10/2013	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
Last Edited 06/08/2020	Condition category Infections and Infestations	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Background and study aims

Mild hypothermia (when body temperature drops below 35°C) has been shown to be protective in many situations in intensive care and this study aims to find out whether it could help patients with severe and cerebral malaria. This is a pilot (small scale) study.

Who can participate?

Patients admitted to intensive care with severe malaria

What does the study involve?

All patients are cooled to between 32 and 34°C using a cooled salt solution injected through their veins, in addition to standard treatment.

What are the possible benefits and risks of participating?

This technique may reduce death or brain damage from severe malaria

Where is the study run from?

This study is run from University College Hospital, London, UK and Chittagong Medical College, Chittagong, Bangladesh

When is the study starting and how long is it expected to run for?

May 2014 to May 2015

Who is funding the study?

Oxford University (UK)

Who is the main contact?

Dr Brian Angus

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Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number

V1.3

Study information

Scientific Title

A pilot study of mild induced hypothermia for severe falciparum malaria

Study objectives

Mild induced hypothermia is safe and efficacious in severe falciparum malaria.

Ethics approval required

Old ethics approval format

Ethics approval(s)

The Oxford Tropical Research Ethics Committee (OxTREC) 06-12

Study design

Non-randomised pilot study

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Malaria

Interventions

All patients will receive mild induced hypothermia along with the standard treatment. Patients will be cooled using cold intravenous saline and external cooling blankets. Patients will be followed up until discharge from the hospital.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

1. In-hospital mortality
2. 30 day mortality
3. Neurological outcome at day 30
4. Safety

Primary endpoints will be mortality and neurological state at baseline and discharge from hospital

Key secondary outcome(s)

1. Parasite clearance time
2. Clinical and biochemical measures (see below).
3. Biochemical and hemodynamic measures at the start and completion of therapy will also be compared
4. Area under the curve for microvascular reactivity by reactive hyperemia-peripheral artery tonometry (RH-PAT) [0-25 hrs]
5. Endothelial function [nearinfrared reflectance spectroscopy (NIRS) and RH-PAT]
6. Lactate clearance
7. Improvement in microvascular obstruction [Orthogonal Polarization Spectral (OPS) imaging]
8. Change in tissue oxygen consumption (measured by NIRS occlusion phase)
9. Change in NO production
10. Change in red cell deformability
11. Changes in CSF markers of neuronal and axonal damage and astroglial activation

Completion date

01/05/2015

Eligibility

Key inclusion criteria

1. Age 16-60 years
2. Informed consent obtained (plus parental/guardian assent if 16 or 17 years old)
3. Time of commencement of artesunate ≤ 18 hrs before therapy
4. Any level of Plasmodium falciparum parasitemia, and one or more of the following criteria:
 - 4.1. Acute renal failure (creatinine $>265\mu\text{mol/L}$)
 - 4.2. Hyperbilirubinemia (total bilirubin $>50\mu\text{mol/L}$) with either renal impairment (creatinine $>130\mu\text{mol/L}$) or parasitemia of $>100,000$ parasites/uL
 - 4.3. Blackwater fever
 - 4.4. Hyperparasitemia ($>10\%$ parasitised red cells)
 - 4.5. Cerebral malaria (Glasgow coma score <11)
 - 4.6. Hypoglycemia
 - 4.7. Respiratory distress (RR >32)
 - 4.8. Venous bicarbonate 12-15 meq/L (pilot phase) or 8-15 meq/L

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

1. Pregnancy or lactation
2. Diabetes
3. Serious pre-existing disease (cardiac, hepatic, kidney)
4. History of contraindications to hypothermia (Raynauds disease, Cryoglobulinemia, Sickle Cell disease, serum cold agglutinins, Buergers disease)
5. Bleeding disorders (e.g., hemophilia)
6. An intranasal obstruction or known skull base fracture

Date of first enrolment

01/05/2014

Date of final enrolment

01/05/2015

Locations

Countries of recruitment

United Kingdom

England

Bangladesh

Study participating centre

The John Radcliffe Hospital

Oxford

United Kingdom

OX3 9DU

Sponsor information

Organisation

University of Oxford (UK)

ROR

<https://ror.org/052gg0110>

Funder(s)**Funder type**

University/education

Funder Name

University of Oxford (UK)

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes