BOD Trial: a double blinded randomised controlled trial of injection of botulinum toxin versus normal saline into the puborectalis muscle in patients with pelvic floor dyssynergia

Submission date	Recruitment status	Prospectively registered
29/09/2006	Stopped	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
29/09/2006	Stopped	Results
Last Edited	Condition category	Individual participant data
30/01/2014	Nervous System Diseases	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

EudraCT/CTIS number

2005-001378-29

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0050171996

Study information

Scientific Title

Study objectives

Botulinum Toxin injection into the pelvic floor muscles has been shown to be of benefit for patient whose muscles contract abnormally, causing difficulty in opening their bowels. However the studies that have shown this have all been small and have never been compared with a placebo. The difficulty in assessing the way patients respond to interventions when they have this condition may mean that the effect of the Botulinum injection is largely a placebo effect. The aim of this study is to assess the effect of the botulinum toxin injection compared with a placebo (saline). If it proves to be successful this will offer us a validated treatment in this difficult condition.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Double blinded randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Nervous System Diseases: Pelvic floor dyssynergia

Interventions

The study aims to randomly assign ten patients to each treatment arm of the study. The patients will be selected from outpatient clinics after assessment has shown they have abnormal pelvic floor muscle contraction. They will complete a preoperative questionnaire containing a quality of life questionnaire, as well as specific questions on bowel function. After fully informed consent they will be randomised to receive either 30 unit Botulinum toxin A or an equivalent

volume of normal saline injection into the puborectalis muscle under anaesthetic with ultrasound guidance to ensure accuracy of placement of the injection into the correct pelvic floor muscle.

Updated 30/01/2014: the trial was never completed and was stopped in 2007/2008.

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

botulinum toxin

Primary outcome measure

Improvement in quality of life.

Secondary outcome measures

Not provided at time of registration

Overall study start date

16/09/2005

Completion date

31/08/2007

Reason abandoned (if study stopped)

Objectives no longer viable

Eligibility

Key inclusion criteria

Potential participants in the study will be identified from the outpatient clinic after history examination and investigation suggest they have pelvic floor dyssynergia. They will be invited to take part in the trial after it has been explained to them. 20 participants will be recruited in to the study.

This standardised definition for pelvic floor dyssynergia was established at the multinational workshop for functional bowel disorders and is known as the Rome II criteria:

- 1. The patient must satisfy diagnostic criteria for functional constipation in diagnostic criteria C3.
- 2. There must be manometric, EMG, or Radiological evidence for inappropriate contraction or failure to relax the pelvic floor muscles during repeated attempts to defecate.
- 3. There must be evidence of adequate propulsive forces during attempts to defaecate.
- 4. There must be evidence of incomplete evacuation.

The key abnormality in this condition is the inappropriate contraction of the puborectalis muscle upon defecation.

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

20

Key exclusion criteria

- 1. If the patient's general health is poor such that anaesthesia present unacceptably high risks they will be precluded from the trial (as it is inappropriate to subject these patients through the risk of anaesthesia for unproven intervention).
- 2. Patients who are anticoagulated will also be excluded because of the risk of haematoma formation.

Date of first enrolment

16/09/2005

Date of final enrolment

31/08/2007

Locations

Countries of recruitment

England

United Kingdom

Study participating centre Bradford Royal Infirmary

Bradford United Kingdom BD9 6RJ

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Sponsor details

The Department of Health, Richmond House, 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

http://www.dh.gov.uk/Home/fs/en

Funder(s)

Funder type

Government

Funder Name

Bradford Teaching Hospitals NHS Foundation Trust

Funder Name

Bradford Royal Infirmary

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration