

# Application of the BL-BOPPPS model in electric operating bed training for operating room nurses

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<b>Registration date</b> 08/11/2024	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 07/11/2024	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

One of the skills that operating room nurses (ORNs) need to master is operating an electric operating table (EOB). However, previous studies have shown that many ORNs lack sufficient knowledge and confidence in using an EOB, which can lead to problems during surgery. To address these challenges, we propose that the BL-BOPPPS model be applied to ORNs' EOB training.

### Who can participate?

The participants were 200 ORNs who worked in a tertiary hospital in Beijing, China.

### What does the study involve?

The participants were randomly assigned to either the experimental group or the control group. The experimental group received the EOB training based on the BL-BOPPPS model, while the control group received the traditional EOB training. The study was conducted in a simulated operating room in a nursing school.

### What are the possible benefits and risks of participating?

Operating room nurse (ORN) participants may improve their skills, self-efficacy, and satisfaction regarding electric operating bed (EOB) operation.

### Where is the study run from?

Hunan Provincial People's Hospital (The First Affiliated Hospital of Hunan Normal University) (China)

### When is the study starting and how long is it expected to run for?

September 2021 to May 2022

### Who is funding the study?

Natural Science Foundation of Science and Technology Department of Hunan Province (2023JJ60313,2023JJ60315) (China)

Who is the main contact?  
Yifeng Zhou, yifengzhou238@163.com

**Study website**  
<http://www.hnsrmyy.com/>

## Contact information

**Type(s)**  
Public, Scientific, Principal Investigator

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## Additional identifiers

**EudraCT/CTIS number**  
Nil known

**IRAS number**

**ClinicalTrials.gov number**  
Nil known

**Secondary identifying numbers**  
Nil known

## Study information

**Scientific Title**  
Application of the BL-BOPPPS model in electric operating bed training

**Study objectives**  
The BL-BOPPPS model would result in higher electric operating bed (EOB) operation skills, self-efficacy, and satisfaction than the traditional training method

**Ethics approval required**  
Ethics approval required

**Ethics approval(s)**

Approved 06/09/2021, Hunan Provincial People's Hospital (The First Affiliated Hospital of Hunan Normal University) (No. 61 of West Jiefang Road, Furong District, Changsha, 410005, China; +86 0731-82278047; kybgcp@163.com), ref: 2021 SRLR No.93

**Study design**

Interventional randomized controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Other

**Participant information sheet**

No participant information sheet available

**Health condition(s) or problem(s) studied**

Operating room nurses

**Interventions**

The participants were 200 Operating room nurses (ORNs) who worked in a tertiary hospital in Beijing, China. The participants were randomly assigned to either the experimental group or the control group. The experimental group received the EOB training based on the BL-BOPPPS model, while the control group received the traditional EOB training. The study was conducted in a simulated operating room in a nursing school.

The participants were randomly allocated to the experimental group (n = 100) or the control group (n = 100) using a computer-generated random number table.

**EOB training procedures**

The intervention was the EOB training based on the BL-BOPPPS model. The training consisted of two sessions, each lasting for 90 minutes. The first session covered the basic knowledge and operation of the EOB, such as the structure, function, and safety precautions of the EOB. The second session covered the advanced operation of the EOB, such as the adjustment of the patient's position and angle according to the surgical needs. The training was delivered by two experienced ORNs who were trained in the BL-BOPPPS model and the EOB operation.

The BL-BOPPPS model was applied in the following way:

- Bridge-in: The instructors introduced the topic and the objectives of the training, and activated the learners' prior knowledge and motivation by asking questions, showing videos, and sharing stories related to the EOB operation.
- Learner outcomes: The instructors stated the specific and measurable learning outcomes of the training, and explained how they would be assessed and evaluated.
- Body of new information: The instructors presented the new information about the EOB

operation using various methods, such as lectures, demonstrations, animations, and handouts. The instructors also highlighted the key points and the common errors of the EOB operation.

- Pre-assessment: The instructors assessed the learners' baseline knowledge and skills of the EOB operation using multiple-choice questions, short-answer questions, and case scenarios. The instructors provided feedback and clarification to the learners based on their performance.

- Participation: The instructors engaged the learners in active learning activities, such as discussions, quizzes, games, and simulations, to reinforce the new information and practice the EOB operation skills. The instructors also facilitated the learners' interaction and collaboration with each other and with the instructors.

- Post-assessment: The instructors assessed the learners' final knowledge and skills of the EOB operation using the same methods as the pre-assessment. The instructors compared the learners' pre- and post-assessment scores and provided feedback and reinforcement to the learners based on their improvement.

- Summary: The instructors summarized the main points and the learning outcomes of the training, and encouraged the learners to reflect on their learning experience and apply their EOB operation skills in their clinical practice.

The control group received the traditional EOB training, which was also delivered by two experienced ORNs who were not trained in the BL-BOPPPS model. The traditional EOB training also consisted of two sessions, each lasting for 90 minutes. The traditional EOB training followed a teacher-centered approach, which mainly relied on lectures and demonstrations to convey the information and skills of the EOB operation. The learners had limited opportunities to participate, interact, or receive feedback during the training.

## **Intervention Type**

Behavioural

## **Primary outcome measure**

The EOB operation skills of the participants assessed by the instructors at baseline and 3 hours

## **Secondary outcome measures**

The self-efficacy and the satisfaction of the participants assessed by the instructors at baseline and 3 hours

## **Overall study start date**

06/09/2021

## **Completion date**

31/05/2022

# **Eligibility**

## **Key inclusion criteria**

1. Having at least one year of working experience in the operating room
2. Having no prior EOB training or certification
3. Being willing to participate in the study

## **Participant type(s)**

Employee

## **Age group**

Adult

**Sex**

Both

**Target number of participants**

200

**Total final enrolment**

200

**Key exclusion criteria**

1. Having any physical or mental conditions that could affect the learning process
2. Being absent from the training or the assessment sessions

**Date of first enrolment**

05/03/2022

**Date of final enrolment**

05/04/2022

## Locations

**Countries of recruitment**

China

**Study participating centre**

**Hunan Provincial People's Hospital (The First Affiliated Hospital of Hunan Normal University)**

No. 61 of West Jiefang Road, Furong District, Changsha, 410005, China

Changsha

China

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## Sponsor information

**Organisation**

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**Sponsor type**

Hospital/treatment centre

**Website**

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## **Funder(s)**

**Funder type**

Government

**Funder Name**

Natural Science Foundation of Science and Technology Department of Hunan Province  
(2023JJ60313,2023JJ60315)

## **Results and Publications**

**Publication and dissemination plan**

Planned publication in a high-impact peer-reviewed journal

**Intention to publish date**

31/12/2024

**Individual participant data (IPD) sharing plan**

The current data sharing plans for this study are unknown and will be available at a later date

**IPD sharing plan summary**

Data sharing statement to be made available at a later date