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# How are you feeling? Improving communication between health visitors and women from ethnic minority communities

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| **Submission date**<br>29/09/2006 | **Recruitment status**<br>No longer recruiting | [_] Prospectively registered<br>[_] Protocol |
| **Registration date**<br>29/09/2006 | **Overall study status**<br>Completed | [_] Statistical analysis plan<br>[_] Results |
| **Last Edited**<br>12/05/2017 | **Condition category**<br>Other | [_] Individual participant data<br>[_] Record updated in last year |

**Plain English summary of protocol**
Not provided at time of registration

## Contact information

**Type(s)**
Scientific

**Contact name**
Prof Nigel Mathers

**Contact details**
Institute of General Practice and Primary Care
University of Sheffield
Community Sciences Centre
Northern General Hospital
Sheffield
United Kingdom
S5 7AU
+44 (0)114 271 5922
n.mathers@sheffield.ac.uk

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

### Secondary identifying numbers
N0071173444

# Study information

### Scientific Title
How are you feeling? Improving communication between health visitors and women from ethnic minority communities

### Study objectives
The pilot will be used to address the following question under four key research themes:
Use of the booklets
1. What is the most appropriate way of training the staff to use the booklets?
2. How do staff use the booklets in their decision making?
3. What are staff perspectives on the use of the tool (utility, ease of use, etc)?
4. Can the booklets be used as effectively by different staff groups (health visitors, link workers and support workers)?

Impact on the service user
5. How satisfied are mothers with the encounter with staff with and without the use of the booklets?
6. Identify whether, and how, the needs of women are currently being met.

Impact on staff
7. How satisfied are the staff with their encounter with the mother, with and without the booklet?

Research to inform future trial
8. Does the use of the booklet impact on the different health outcome measures used in the study?
9. What are the most appropriate health outcomes measures for this population?
10. Based on the primary outcome measure, what sample size is required for the main study?
11. How effective are the data collection tools at capturing the information required to determine the study outcomes?

### Ethics approval required
Old ethics approval format

### Ethics approval(s)
Not provided at time of registration

### Study design
Randomised controlled trial

### Primary study design
Interventional

### Secondary study design
Randomised controlled trial

### Study setting(s)

Other

## Study type(s)
Other

## Participant information sheet
Not available in web format, please use the contact details to request a patient information sheet

## Health condition(s) or problem(s) studied
Communication between health visitors and women from ethnic minority communities

## Interventions
The trialists propose to undertake the pilot within three UK regions: Sheffield, Glasgow and Camden.

The unit of randomisation for the purpose of this trial will be the practices that provide health services in areas with high proportions of women from the target population groups. The practices will be randomized using a computer-generated randomisation list. In total each region will be asked to identify eight practices that are willing to participate in the trial.

The eight practices from each region will be randomly allocated into one of four groups:
1. Group 1: Control: Routine treatment* (no use of the booklets)
2. Group 2: Use of booklets with no training*
3. Group 3: Use of booklets with a training pack
4. Group 4: Use of booklets with a training pack and workshop training.

*All participants in groups 1 and 2 will be offered the opportunity for training in the use of the booklets following completion of the trial.

## Intervention Type
Other

## Phase
Not Applicable

## Primary outcome measure
The main outcomes of interest from this phase of the research are:
1. User satisfaction with their interaction, measured by a generic satisfaction tool
2. HV satisfaction with their interaction with the client, measured using the Agnew Relationship Measure, and qualitatively through the focus groups
3. Change in health status of the participant
4. Diagnosis of PND during the trial period

## Secondary outcome measures
Not provided at time of registration

## Overall study start date
01/10/2005

## Completion date

30/09/2006

# Eligibility

### Key inclusion criteria
All mothers who have a baby that is up to one year of age during the recruitment period, with English as a second language will be invited to participate in the trial. However, particular attention will be paid to the selection of participating health visitors to ensure that the areas of greatest racial diversity are included in the trial. On average, each practice will need to recruit around 10 mothers to ensure a total recruitment of 60 women into the control arm and 180 into the intervention arm. To reduce the possibility of selection bias, HVs will be asked to invite all consecutive eligible women to participate in the trial until they have reached the target number per site. The use of the booklets will be based on the clinical judgement of the HVs. All postnatal Arabic, Chinese, Urdu, Bengali, Somali speaking women in the identified practices will be approached.

### Participant type(s)
Patient

### Age group
Adult

### Lower age limit
18 Years

### Sex
Female

### Target number of participants
240 women

### Key exclusion criteria
Not provided at time of registration

### Date of first enrolment
01/10/2005

### Date of final enrolment
30/09/2006

# Locations

### Countries of recruitment
England

United Kingdom

### Study participating centre

**University of Sheffield**
Sheffield
United Kingdom
S5 7AU

# Sponsor information

**Organisation**
Record Provided by the NHSTCT Register - 2006 Update - Department of Health

**Sponsor details**
The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

**Sponsor type**
Government

**Website**
http://www.dh.gov.uk/Home/fs/en

# Funder(s)

**Funder type**
Government

**Funder Name**
Sheffield Health and Social Research Consortium (UK)

**Funder Name**
NHS R&D Support Funding (UK)

# Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary
Not provided at time of registration