The Effects of the Dutch national guideline on the management of employees with mental health problems by occupational physicians.

Submission date	Recruitment status No longer recruiting	Prospectively registered		
20/12/2005		[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
20/12/2005	Completed	Results		
Last Edited 06/11/2019	Condition category Mental and Behavioural Disorders	Individual participant data		
		Record updated in last year		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

n/a

Study information

Scientific Title

The Effects of the Dutch national guideline on the management of employees with mental health problems by occupational physicians.

Study objectives

Treatment according to the Dutch National Guideline on the Management of Employees with Mental Health Problems by Occupational Physicians will cause less work disability than treatment according to usual care, with minimal involvement of the occupational physician and frequent referral to a psychologist.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the local medical ethics committee

Study design

Randomised, single blinded, active controlled, parallel group trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Mental health problems

Interventions

Treatment according to the Dutch national guideline on the management of employees with mental health problems by occupational physicians. This guideline focuses on four aspects of the management of mental health problems:

- 1. The occupational physician acknowledges the interaction between the disabled employee and his surroundings (work, personal and care)
- 2. A simplified classification of mental health problems is introduced, with only four categories

- 3. The occupational physician acts as case manager, who intervenes when recovery stagnates
- 4. Finally, the occupational physician may also act as care manager by counseling employees with work related problems

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Return to work.

Secondary outcome measures

- 1. Patient satisfaction
- 2. Satisfaction of the employer
- 3. Evaluation of the occupational physician
- 4. Cost benefits

Overall study start date

01/01/2002

Completion date

01/01/2006

Eligibility

Key inclusion criteria

- 1. Physical or mental health symptoms which cause suffering or malfunctioning for the patient
- 2. Disability to work on the moment of inclusion by the occupational physician

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

200

Key exclusion criteria

- 1. Symptoms are caused by a physical disorder
- 2. Disagreement about the diagnosis by the occupational physician and the patient
- 3. Mistrust between occupational physician and patient
- 4. Earlier inclusion in the study

Date of first enrolment

Date of final enrolment 01/01/2006

Locations

Countries of recruitment

Netherlands

Study participating centre
Institute for Research in Extramural Medicine
Amsterdam
Netherlands
1081 BT

Sponsor information

Organisation

VU University Medical Center (The Netherlands)

Sponsor details

Van der Boechorststraat 7 Amsterdam Netherlands 1081 BT

Sponsor type

University/education

Website

http://www.vumc.nl/zorg/

ROR

https://ror.org/00q6h8f30

Funder(s)

Funder type

Government

Funder Name

Dutch Ministry of Internal Affairs (The Netherlands) - Occupational Health and Safety Service (OHSS) committee

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	Study protocol:	26/07/2007		Yes	No