

# Glucose metabolism in familial hypobetalipoproteinemia

**Submission date**  
07/06/2006

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
07/06/2006

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
10/11/2011

**Condition category**  
Nutritional, Metabolic, Endocrine

☐ Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N/A

# Study information

## Scientific Title

## Acronym

FHBL

## Study objectives

Patients with familial hypobetalipoproteinemia (FHBL) could have increased hepatic glucose production because of hepatic steatosis. In addition, peripheral insulin sensitivity could be enhanced since these patients have lower concentrations of intramyocellular lipids.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Non-randomized controlled trial

## Primary study design

Interventional

## Secondary study design

Non randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Familial hypobetalipoproteinemia (FHBL), hepatic steatosis

## Interventions

A hyperinsulinaemic clamp will be performed for 4.5 hours using stable isotopes (d2-glucose and D5-glycerol). In addition, muscle biopsies will be taken and fat distribution will be studied by a dual energy x-ray absorptiometry (DEXA)-scan, a computed tomography (CT)-scan and magnetic resonance spectroscopy (MRS). Patients with FHBL will be compared to healthy controls matched for age, sex, BMI and waist circumference.

## Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

1. Insulin sensitivity at the level of glucose production by liver, glucose uptake by muscle and fat and lipolysis
2. Fat distribution by a DEXA, a CT-scan and MRS-spectroscopy

**Secondary outcome measures**

1. Lipid levels
2. Glucoregulatory levels
3. (Adipo)cytokines

**Overall study start date**

11/05/2006

**Completion date**

01/10/2006

**Eligibility****Key inclusion criteria**

1. Male
2. Age >18 years of age
3. Body mass index (BMI) 20-35 kg/m<sup>2</sup>

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Male

**Target number of participants**

22

**Key exclusion criteria**

1. Known somatic illness
2. Use of medication influencing metabolism or blood clotting
3. Seropositive for hepatitis B surface antigen (HbsAg), hepatitis B surface antigen (HbcAg), hepatitis C virus (HCV), hepatitis A virus (HAV) or human immunodeficiency virus (HIV)
4. Having a metal device in the body

**Date of first enrolment**

11/05/2006

**Date of final enrolment**

01/10/2006

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**

**Academic Medical Center (AMC)**

Amsterdam

Netherlands

1100 DD

## Sponsor information

**Organisation**

Academic Medical Center (AMC), Department of Endocrinology and Metabolism (The Netherlands)

**Sponsor details**

P.O. Box 22660

Amsterdam

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**Sponsor type**

University/education

**ROR**

<https://ror.org/03t4gr691>

## Funder(s)

**Funder type**

University/education

**Funder Name**

Academic Medical Center (AMC), Department of Endocrinology and Metabolism

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/08/2011		Yes	No