

# Glucose metabolism in familial hypobetalipoproteinemia

**Submission date**  
07/06/2006

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
07/06/2006

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
10/11/2011

**Condition category**  
Nutritional, Metabolic, Endocrine

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Protocol serial number

N/A

## Study information

### Scientific Title

**Acronym**

FHBL

**Study objectives**

Patients with familial hypobetalipoproteinemia (FHBL) could have increased hepatic glucose production because of hepatic steatosis. In addition, peripheral insulin sensitivity could be enhanced since these patients have lower concentrations of intramyocellular lipids.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Non-randomized controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Familial hypobetalipoproteinemia (FHBL), hepatic steatosis

**Interventions**

A hyperinsulinaemic clamp will be performed for 4.5 hours using stable isotopes (d2-glucose and D5-glycerol). In addition, muscle biopsies will be taken and fat distribution will be studied by a dual energy x-ray absorptiometry (DEXA)-scan, a computed tomography (CT)-scan and magnetic resonance spectroscopy (MRS). Patients with FHBL will be compared to healthy controls matched for age, sex, BMI and waist circumference.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

1. Insulin sensitivity at the level of glucose production by liver, glucose uptake by muscle and fat and lipolysis
2. Fat distribution by a DEXA, a CT-scan and MRS-spectroscopy

**Key secondary outcome(s)**

1. Lipid levels
2. Glucoregulatory levels
3. (Adipo)cytokines

**Completion date**

01/10/2006

## Eligibility

**Key inclusion criteria**

1. Male
2. Age >18 years of age
3. Body mass index (BMI) 20-35 kg/m<sup>2</sup>

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

Male

**Key exclusion criteria**

1. Known somatic illness
2. Use of medication influencing metabolism or blood clotting
3. Seropositive for hepatitis B surface antigen (HbsAg), hepatitis B surface antigen (HbcAg), hepatitis C virus (HCV), hepatitis A virus (HAV) or human immunodeficiency virus (HIV)
4. Having a metal device in the body

**Date of first enrolment**

11/05/2006

**Date of final enrolment**

01/10/2006

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**

Academic Medical Center (AMC)

Amsterdam

Netherlands

1100 DD

# Sponsor information

## Organisation

Academic Medical Center (AMC), Department of Endocrinology and Metabolism (The Netherlands)

## ROR

<https://ror.org/03t4gr691>

# Funder(s)

## Funder type

University/education

## Funder Name

Academic Medical Center (AMC), Department of Endocrinology and Metabolism

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/08/2011		Yes	No