

The programming of body composition: an experimental approach

Submission date 12/09/2003	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 12/09/2003	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 22/05/2017	Condition category Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0012114243

Study information

Scientific Title
The programming of body composition: an experimental approach: a randomised controlled trial

Study objectives

This study sets out to investigate whether early diet influences later body composition.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Nutritional, Metabolic, Endocrine

Interventions

Random allocation to (A) diet or (B) lifestyle intervention

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Body composition i.e. fat, lean and bone mass

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/05/2004

Eligibility**Key inclusion criteria**

Healthy volunteers

Participant type(s)

Healthy volunteer

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2002

Date of final enrolment

31/05/2004

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Institute of Child Health

London

United Kingdom

WC1N 1EH

Sponsor information**Organisation**

Department of Health (UK)

Funder(s)**Funder type**

Research organisation

Funder Name

Great Ormond Street Hospital for Children NHS Trust / Institute of Child Health (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes