

# The programming of body composition: an experimental approach

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 22/05/2017	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0012114243

## Study information

**Scientific Title**  
The programming of body composition: an experimental approach: a randomised controlled trial

**Study objectives**

This study sets out to investigate whether early diet influences later body composition.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

Nutritional, Metabolic, Endocrine

**Interventions**

Random allocation to (A) diet or (B) lifestyle intervention

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Body composition i.e. fat, lean and bone mass

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

31/05/2004

**Eligibility****Key inclusion criteria**

Healthy volunteers

**Participant type(s)**

Healthy volunteer

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/2002

**Date of final enrolment**

31/05/2004

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre****Institute of Child Health**

London

United Kingdom

WC1N 1EH

**Sponsor information****Organisation**

Department of Health (UK)

**Funder(s)****Funder type**

Research organisation

**Funder Name**

Great Ormond Street Hospital for Children NHS Trust / Institute of Child Health (UK)

# Results and Publications

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**

Not provided at time of registration