

# TRial of OutPatient HYsteroscopy in in-vitro fertilisation (IVF)

<b>Submission date</b> 05/02/2009	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 06/02/2009	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 05/05/2016	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
0102

# Study information

## Scientific Title

A multicentre randomised controlled study of the effects of outpatient hysteroscopy on the outcome of the subsequent in-vitro fertilisation (IVF) cycle after recurrent IVF failure

## Acronym

Trophy in IVF

## Study objectives

A recent systematic review suggested the outcome of in-vitro fertilisation (IVF) treatment could be improved in patients who have experienced recurrent IVF failure if an outpatient hysteroscopy (OH) is performed prior to starting the new treatment cycle. The review recommended performing a randomised trial to settle this research question. Therefore, this trial proposes to test the hypothesis that performing an OH prior to starting an IVF cycle improves the live birth rate of the subsequent IVF cycle in women who have experienced 2 - 4 previous failed IVF cycles.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised single-blind controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Recurrent in-vitro fertilisation (IVF) failure

## Interventions

The trial participants are randomised to one of two regimens:

1. Out-patient hysteroscopy in the follicular phase (days 5 - 14) of the menstrual cycle where the

IVF cycle is due to start, followed by standard IVF treatment (according to local standard IVF protocol with or without the use of intracytoplasmic sperm injection

2. Standard IVF treatment (as above) without a prior out-patient hysteroscopy

**Intervention Type**

Procedure/Surgery

**Primary outcome measure**

Live birth event per cycle started, measured after 9 months of embryo transfer.

**Secondary outcome measures**

1. Embryo implantation rate
  2. Pregnancy rate per IVF cycle started
  3. Clinical pregnancy rate per IVF cycle started
  4. Miscarriage rate per pregnancy achieved
- Measured 2 and 4 weeks after embryo transfer.

**Overall study start date**

01/07/2009

**Completion date**

30/06/2012

**Eligibility****Key inclusion criteria**

1. Women undergoing an IVF (with or without intracytoplasmic sperm injection) treatment cycle who have had between 2 - 4 failed previous fresh IVF attempts ending in an embryo transfer
2. Aged 36 years or less
3. Willing and able to give informed consent

Women who have had a previous hysteroscopy will be included.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Female

**Target number of participants**

756

**Key exclusion criteria**

1. Women who had less than 2 or more than 4 failed fresh IVF attempts ending in an embryo transfer

2. Women aged more than 36 years (i.e. women aged 37 years or more)
3. Presence of submucous or intramural uterine fibroids distorting the uterine cavity or untreated tubal hydrosalpinges

**Date of first enrolment**

01/07/2009

**Date of final enrolment**

30/06/2012

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Guy's Hospital**

London

United Kingdom

SE1 9RT

## Sponsor information

**Organisation**

Guy's and St Thomas' NHS Foundation Trust (UK)

**Sponsor details**

Research and Development Department

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**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.guysandstthomas.nhs.uk/>

ROR

<https://ror.org/00j161312>

## Funder(s)

### Funder type

Government

### Funder Name

Guy's and St Thomas' NHS Foundation Trust (UK) - Assisted Conception Unit

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	03/12/2009		Yes	No
<a href="#">Results article</a>	results	25/06/2016		Yes	No