Metabolic effects of Diabecinn (oral cinnamon extract) in diabetes type 2, a placebo-controlled randomized clinical trial

Submission date	Recruitment status	[X] Prospectively registered
28/04/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
28/04/2006	Completed	Results
Last Edited	Condition category	Individual participant data
28/04/2006	Nutritional, Metabolic, Endocrine	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Acronym

Diabecinn trial

Study objectives

The main objective of this randomized, placebo-controlled trial is to determine the effects of cinnamon extract on HbA1c and lipid profiles in type 2 diabetic patients.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the local medical ethics committee

Study design

Randomised placebo-controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Diabetes Mellitus type 2 (DM type II)

Interventions

Diabecinn three times a day (tid) or placebo

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Diabecinn

Primary outcome measure

HbA1c.

Secondary outcome measures

- 1. Lipid profile
- 2. 6 point glucose profile
- 3. Hypoglycemia
- 4. Body weight
- 5. Free fatty acids
- 6. C-reactive protein (CRP)

Overall study start date

01/05/2006

Completion date

01/01/2007

Eligibility

Key inclusion criteria

- 1. Type 2 diabetes patients
- 2. Age 35-70 years inclusive
- 3. HbA1c between 7 and 12% inclusive

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

120

Key exclusion criteria

- 1. Pregnancy
- 2. Breast-feeding

Date of first enrolment

01/05/2006

Date of final enrolment

01/01/2007

Locations

Countries of recruitment

Netherlands

Study participating centre Academic Medical Center

Amsterdam Netherlands 1100 DD

Sponsor information

Organisation

Academic Medical Center (AMC) (The Netherlands)

Sponsor details

P.O. Box 22660 Amsterdam Netherlands 1100 DD

Sponsor type

University/education

ROR

https://ror.org/03t4gr691

Funder(s)

Funder type

Industry

Funder Name

OTC Pharma

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summaryNot provided at time of registration