ISRCTN36704940 https://doi.org/10.1186/ISRCTN36704940

Metabolic effects of Diabecinn (oral cinnamon extract) in diabetes type 2, a placebo-controlled randomized clinical trial

Submission date	Recruitment status	[X] Prospectively registered
28/04/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
28/04/2006	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
28/04/2006	Nutritional, Metabolic, Endocrine	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title

Acronym
Diabecinn trial

Study objectives
The main objective of this randomized, placebo-controlled trial is to determine the effects of cinnamon extract on HbA1c and lipid profiles in type 2 diabetic patients.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics approval received from the local medical ethics committee

Study design
Randomised placebo-controlled trial

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Diabetes Mellitus type 2 (DM type II)

Interventions
Diabecinn three times a day (tid) or placebo

Intervention Type
Drug

Phase
Not Specified

Drug/device/biological/vaccine name(s)
Diabecinn

Primary outcome(s)
HbA1c.

Key secondary outcome(s))
1. Lipid profile
2. 6 point glucose profile
3. Hypoglycemia
4. Body weight
5. Free fatty acids
6. C-reactive protein (CRP)

Completion date
01/01/2007

Eligibility

Key inclusion criteria
1. Type 2 diabetes patients
2. Age 35-70 years inclusive
3. HbA1c between 7 and 12% inclusive

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
1. Pregnancy
2. Breast-feeding

Date of first enrolment
01/05/2006

Date of final enrolment
01/01/2007

Locations

Countries of recruitment
Netherlands

Study participating centre
Academic Medical Center
Amsterdam
Netherlands
1100 DD

Sponsor information

Organisation
Academic Medical Center (AMC) (The Netherlands)

ROR
https://ror.org/03t4gr691

Funder(s)

Funder type
Industry

Funder Name
OTC Pharma

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration