# An Evaluation of Speech and Language Therapy (SLT) Treatment Strategies for CVA patients with Dysphagia

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
28/09/2007	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
28/09/2007	Completed	Results
Last Edited	Condition category	Individual participant data
27/09/2012	Signs and Symptoms	<ul><li>Record updated in last year</li></ul>

### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

**Prof Timothy Hendra** 

#### Contact details

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#### Additional identifiers

Protocol serial number N0059182017

# Study information

Scientific Title

#### Study objectives

Do dysphagic stroke patients managed with thickened fluids have outcomes which are equally as good as patients managed with other SLT treatment strategies?

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Added May 2008:

North Sheffield Local Research Ethics Committee. Date approved 19/4/06. REC No 06/Q2308/33.

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Stroke patients presenting with dysphagia

#### **Interventions**

Thickened fluids vs swallowing / postural modifications

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome(s)

Added May 2008:

- 1. Number and frequency of chest infections
- 2. Episodes of dehydration

#### Key secondary outcome(s))

Added May 2008:

Patient and carer compliance with interventions

#### Completion date

01/03/2009

# **Eligibility**

#### Key inclusion criteria

Patients admitted to Sheffield Teaching Hospitals with a diagnosis of stroke who are referred to Speech & Language Therapy Dept with a diagnosis of dysphagia.

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

**Not Specified** 

#### Key exclusion criteria

Added May 2008:

Adults presenting with moderate or severe dysphasia

#### Date of first enrolment

01/12/2005

#### Date of final enrolment

01/03/2009

#### Locations

#### Countries of recruitment

United Kingdom

England

# Study participating centre STH NHS Foundation Trust

Sheffield United Kingdom S10 2JF

# Sponsor information

#### Organisation

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

# Funder(s)

#### Funder type

Government

#### **Funder Name**

Sheffield Teaching Hospitals NHS Foundation Trust (UK)

#### Funder Name

NHS R&D Support Funding

## **Results and Publications**

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet Participant information sheet 11/11/2025 11/11/2025 No Yes