# Reducing treatment related distress in children with leukaemia

Submission date	Recruitment status	[X] Prospectively registered
20/10/2011	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
20/10/2011	Completed	Results
Last Edited	Condition category	Individual participant data
04/04/2022	Cancer	<ul><li>Record updated in last year</li></ul>

#### Plain English summary of protocol

http://cancerhelp.cancerresearchuk.org/trials/a-study-looking-at-way-of-reducing-distress-caused-by-treatment-for-leukaemia-in-children

## Contact information

#### Type(s)

Scientific

#### Contact name

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#### Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

10216

# Study information

#### Scientific Title

Does an interactive child-centred workshop reduce treatment-related distress and improve quality of life in children with leukaemia?

#### **Study objectives**

This is a prospective study in which children (n=120) aged between 7 and 12 years who have been treated for leukaemia at Royal Manchester Childrens Hospital will be invited to participate in a series of child-centred interactive workshops which use puzzles and games to teach children about basic human biology, leukaemia and its treatment. The aim of the study is to evaluate whether these workshops are able to reduce treatment-related distress and improve quality of life in these children.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

North West 5 Haydock Park REC, 08/10/2010, ref: 10/H1010/45

#### Study design

Interventional prevention randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Other

#### Study type(s)

Prevention

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

National Cancer Research Network: Paediatric Oncology, Disease: Leukaemia (acute), Leukaemia (acute myeloid), Leukaemia (acute lymphoblastic), Paediatrics

#### Interventions

The children will be randomised to an immediate group and a delayed control group. The immediate group will attend the workshops straight away, whilst the delayed group will serve as the controls and will attend the workshops after an 18 week interval. The child-centred interactive workshop will be delivered once weekly for 4 weeks. A series of standardised and validated questionnaires will be used to assess anxiety and fear of medical procedures, child quality of life, child emotional and behavioural functioning, the parental care-giving burden, and

self-efficacy in both groups before and after workshop attendance. The effectiveness of the workshops will be analysed using a multi-level growth curve modelling approach. The data collected will be coded to protect patient confidentiality. Participation in the study will not influence the clinical care of the patients enrolled on the study. Followed up afer 6 months.

#### Intervention Type

Other

#### **Phase**

Not Applicable

#### Primary outcome measure

- 1. Quality of life
- 2. Emotional and behavioural functioning

Theses are measured immediately before, immediately after intervention, at 12 weeks and at 6 months

#### Secondary outcome measures

- 1. Caregiving burden
- 2. Ffear of medical procedure
- 3. Self-efficacy

These are measured immediately before, immediately after intervention, at 12 weeks and at 6 months.

#### Overall study start date

02/01/2012

#### Completion date

01/01/2013

# Eligibility

#### Key inclusion criteria

- 1. Patients aged between 7 and 12 years
- 2. Treated for leukaemia at Royal Manchester Children's Hospital
- 3. Parents must be able to receive and understand verbal and written information about the study and give written informed consent
- 4. Male and female participants

#### Participant type(s)

**Patient** 

#### Age group

Child

#### Lower age limit

7 Years

#### Upper age limit

12 Years

#### Sex

Both

#### Target number of participants

Planned Sample Size: 120; UK Sample Size: 120; Description: Two groups of 60, early and delayed intervention.

#### Total final enrolment

58

#### Key exclusion criteria

- 1. Age under 7 or over 12 years
- 2. Other types of maligant disease

#### Date of first enrolment

02/01/2012

#### Date of final enrolment

01/01/2013

# Locations

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre Royal Manchester Childrens Hospital

Manchester United Kingdom M13 9WL

# Sponsor information

#### Organisation

Central Manchester University Hospitals NHS Trust (UK)

#### Sponsor details

Genetic Medicine Manchester Royal Infirmary Oxford Road Manchester England United Kingdom M13 9WL

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.cmft.nhs.uk/

#### **ROR**

https://ror.org/00he80998

# Funder(s)

#### Funder type

Government

#### **Funder Name**

National Institure for Health Research (NIHR) - Research for Patient Benefit (RfPB) (UK)

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

#### Individual participant data (IPD) sharing plan

Not provided at time of registration

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output typeDetailsDate createdDate addedPeer reviewed?Patient-facing?Plain English results04/04/2022NoYes