# Clinical study on alternative treatment of patients with second stage Trypanosoma brucei gambiense sleeping sickness

Submission date Recruitment status Prospectively registered 09/11/2005 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 16/12/2005 Completed [X] Results [ ] Individual participant data **Last Edited** Condition category Infections and Infestations 31/08/2011

# Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

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#### Contact details

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### Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### Study objectives

The difference in efficacy between classical melarsoprol treatment and alternative treatment regimens is lower than 15%

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Yes. The study protocol was approved by the Ministry of Health, Kinshasa, Democratic Republic of the Congo (DRC) in December 1997.

#### Study design

An open randomised trial was designed to test equivalence between standard melarsoprol and 3 other regimens.

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Trypanosoma brucei gambiense Human African Trypanosomiasis in second stage

#### **Interventions**

A. Standard melarsoprol as administered in the DRC: 3 series of 3.6 mg/kg/day intravenously (IV) (maximum 180 mg/day) for 3 days with 7-day breaks in between series. Total dose: 32.4 mg/kg.

B. Concise, consecutive lower-dose melarsoprol: IV during 10 days (0.6 mg/kg on day 1; 1.2 mg/kg on day 2; 1.8 mg/kg from days 3 to 10; maximum 90 mg/day). Total dose: 16.2 mg/kg.

C. Nifurtimox monotherapy: orally, under nurse supervision, 5 mg/kg every 8 hours for 14 days. Total dose: 210 mg/kg.

D. Low-dose concise, consecutive melarsoprol-nifurtimox combination: 2 days melarsoprol alone (0.6 mg/kg on day 1; 1.2 mg/kg on day 2) followed by 8 days 7.5 mg/kg nifurtimox every 12 hours combined with melarsoprol 1.2 mg/kg/day. Total melarsoprol dose: 11.4 mg/kg. Total nifurtimox dose: 120 mg/kg.

#### Intervention Type

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Melarsoprol, Nifurtimox

#### Primary outcome measure

Primary outcomes were relapse, severe adverse events and death attributed to treatment.

#### Secondary outcome measures

Secondary outcomes were frequency of other adverse events

#### Overall study start date

01/02/1998

#### Completion date

31/05/2001

# **Eligibility**

#### Key inclusion criteria

- 1, Older than 15 years
- 2. Second-stage parasitologically confirmed T. b. gambiense infection
- 3. Never previously treated for sleeping sickness

Second stage disease was defined as: 1° cerebrospinal fluid (CSF) white blood cell (WBC) count >20 /µl and detectable IgM in the CSF; or 2° trypanosomes detected in CSF.

#### Participant type(s)

Patient

#### Age group

Adult

#### Sex

Both

#### Target number of participants

600

#### Key exclusion criteria

- 1. Glasgow coma scale <8
- 2. Pregnancy
- 3. Active tuberculosis
- 4. Positive syphilis serology
- 5. Bacterial or cryptococcal meningitis
- 6. Severe anaemia
- 7. Severe renal or hepatic dysfunction
- 8. Hemorrhagic CSF
- 9. Residence beyond 100 km from Bwamanda Hospital

#### Date of first enrolment

01/02/1998

#### Date of final enrolment

31/05/2001

## Locations

#### Countries of recruitment

Belgium

Congo, Democratic Republic

# Study participating centre Institute of Tropical Medicine

Antwerpen Belgium 2000

# Sponsor information

#### Organisation

Institute of Tropical Medicine (Belgium)

#### Sponsor details

Nationalestraat 155 Antwerpen Belgium 2000

#### Sponsor type

University/education

#### Website

http://www.itg.be

#### **ROR**

https://ror.org/03xq4x896

# Funder(s)

#### Funder type

Research organisation

#### **Funder Name**

Institute of Tropical Medicine (Belgium)

#### Funder Name

Belgian Directorate-General for Development Co-operation (Belgium)

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

| Output type      | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|------------------|---------|--------------|------------|----------------|-----------------|
| Abstract results |         | 01/02/2007   |            | No             | No              |