

# Clinical study on alternative treatment of patients with second stage Trypanosoma brucei gambiense sleeping sickness

<b>Submission date</b> 09/11/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 16/12/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 31/08/2011	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

N/A

## Study information

### Scientific Title

### Study objectives

The difference in efficacy between classical melarsoprol treatment and alternative treatment regimens is lower than 15%

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Yes. The study protocol was approved by the Ministry of Health, Kinshasa, Democratic Republic of the Congo (DRC) in December 1997.

### Study design

An open randomised trial was designed to test equivalence between standard melarsoprol and 3 other regimens.

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Trypanosoma brucei gambiense Human African Trypanosomiasis in second stage

### Interventions

A. Standard melarsoprol as administered in the DRC: 3 series of 3.6 mg/kg/day intravenously (IV) (maximum 180 mg/day) for 3 days with 7-day breaks in between series. Total dose: 32.4 mg/kg.

B. Concise, consecutive lower-dose melarsoprol: IV during 10 days (0.6 mg/kg on day 1; 1.2 mg/kg on day 2; 1.8 mg/kg from days 3 to 10; maximum 90 mg/day). Total dose: 16.2 mg/kg.

C. Nifurtimox monotherapy: orally, under nurse supervision, 5 mg/kg every 8 hours for 14 days. Total dose: 210 mg/kg.

D. Low-dose concise, consecutive melarsoprol-nifurtimox combination: 2 days melarsoprol alone (0.6 mg/kg on day 1; 1.2 mg/kg on day 2) followed by 8 days 7.5 mg/kg nifurtimox every 12 hours combined with melarsoprol 1.2 mg/kg/day. Total melarsoprol dose: 11.4 mg/kg. Total nifurtimox dose: 120 mg/kg.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Melarsoprol, Nifurtimox

**Primary outcome measure**

Primary outcomes were relapse, severe adverse events and death attributed to treatment.

**Secondary outcome measures**

Secondary outcomes were frequency of other adverse events

**Overall study start date**

01/02/1998

**Completion date**

31/05/2001

## Eligibility

**Key inclusion criteria**

- 1, Older than 15 years
2. Second-stage parasitologically confirmed *T. b. gambiense* infection
3. Never previously treated for sleeping sickness

Second stage disease was defined as: 1° cerebrospinal fluid (CSF) white blood cell (WBC) count >20 /µl and detectable IgM in the CSF; or 2° trypanosomes detected in CSF.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

600

**Key exclusion criteria**

1. Glasgow coma scale <8
2. Pregnancy
3. Active tuberculosis
4. Positive syphilis serology
5. Bacterial or cryptococcal meningitis
6. Severe anaemia
7. Severe renal or hepatic dysfunction
8. Hemorrhagic CSF
9. Residence beyond 100 km from Bwamanda Hospital

**Date of first enrolment**

01/02/1998

**Date of final enrolment**

31/05/2001

## **Locations**

**Countries of recruitment**

Belgium

Congo, Democratic Republic

**Study participating centre**

**Institute of Tropical Medicine**

Antwerpen

Belgium

2000

## **Sponsor information**

**Organisation**

Institute of Tropical Medicine (Belgium)

**Sponsor details**

Nationalestraat 155

Antwerpen

Belgium

2000

**Sponsor type**

University/education

**Website**

<http://www.itg.be>

ROR

<https://ror.org/03xq4x896>

## Funder(s)

### Funder type

Research organisation

### Funder Name

Institute of Tropical Medicine (Belgium)

### Funder Name

Belgian Directorate-General for Development Co-operation (Belgium)

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Abstract results</a>		01/02/2007		No	No