

# A prospective randomised controlled trial of pelvic floor exercises plus biofeedback versus pelvic floor exercises alone in treating stress urinary incontinence

**Submission date**

30/09/2004

**Recruitment status**

No longer recruiting

**Registration date**

30/09/2004

**Overall study status**

Completed

**Last Edited**

05/12/2014

**Condition category**

Urological and Genital Diseases

☐ Prospectively registered

☐ Protocol

☐ Statistical analysis plan

☐ Results

☐ Individual participant data

☐ Record updated in last year

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

Mr Paul Moran

**Contact details**

Worcester Royal Infirmary  
Ronkswood Branch  
Newtown Road  
Worcester  
United Kingdom  
WR5 1HN

## Additional identifiers

**Protocol serial number**

N0282131250

## Study information

Scientific Title

A prospective randomised controlled trial of pelvic floor exercises plus biofeedback versus pelvic floor exercises alone in treating stress urinary incontinence

**Study objectives**

Assess the effectiveness of biofeedback with pelvic floor exercises compared to pelvic floor exercises alone in women with stress urinary incontinence.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised prospective assessment and cross over trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Urological and Genital Diseases: Urinary incontinence

**Interventions**

Biofeedback with pelvic floor exercises compared to pelvic floor exercises alone

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

1. Quality of life. Medical Epidemiologic and Social Aspects of Aging (MESA) score
2. Pelvic floor assessment

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

15/02/2006

**Eligibility****Key inclusion criteria**

Not provided at time of registration

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Female

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

13/11/2003

**Date of final enrolment**

15/02/2006

## **Locations**

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Worcester Royal Infirmary**

Worcester

United Kingdom

WR5 1HN

## **Sponsor information**

**Organisation**

Department of Health

## **Funder(s)**

**Funder type**

Hospital/treatment centre

**Funder Name**

Worcestershire Acute Hospitals NHS Trust (UK)

**Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration