# A prospective randomised controlled trial of pelvic floor exercises plus biofeedback versus pelvic floor exercises alone in treating stress urinary incontinence

Submission date 30/09/2004	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<ul> <li>Statistical analysis plan</li> <li>Results</li> </ul>
Last Edited 05/12/2014	<b>Condition category</b> Urological and Genital Diseases	<ul> <li>Individual participant data</li> <li>Record updated in last year</li> </ul>

#### Plain English summary of protocol

Not provided at time of registration

### **Contact information**

**Type(s)** Scientific

Contact name

Mr Paul Moran

#### **Contact details**

Worcester Royal Infirmary Ronkswood Branch Newtown Road Worcester United Kingdom WR5 1HN

# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers

#### N0282131250

### Study information

#### Scientific Title

A prospective randomised controlled trial of pelvic floor exercises plus biofeedback versus pelvic floor exercises alone in treating stress urinary incontinence

#### **Study objectives**

Assess the effectiveness of biofeedback with pelvic floor exercises compared to pelvic floor exercises alone in women with stress urinary incontinence.

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised prospective assessment and cross over trial

**Primary study design** Interventional

**Secondary study design** Randomised cross over trial

**Study setting(s)** Hospital

**Study type(s)** Treatment

Participant information sheet

Health condition(s) or problem(s) studied Urological and Genital Diseases: Urinary incontinence

**Interventions** Biofeedback with pelvic floor exercises compared to pelvic floor exercises alone

Intervention Type Other

**Phase** Not Specified

#### Primary outcome measure

1. Quality of life. Medical Epidemiologic and Social Aspects of Aging (MESA) score

2. Pelvic floor assessment

**Secondary outcome measures** Not provided at time of registration

Overall study start date 13/11/2003

Completion date 15/02/2006

# Eligibility

**Key inclusion criteria** Not provided at time of registration

**Participant type(s)** Patient

Age group Not Specified

**Sex** Female

**Target number of participants** 100+ patients

**Key exclusion criteria** Not provided at time of registration

Date of first enrolment 13/11/2003

Date of final enrolment 15/02/2006

# Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre Worcester Royal Infirmary** Worcester United Kingdom WR5 1HN

### Sponsor information

**Organisation** Department of Health

**Sponsor details** Richmond House 79 Whitehall London United Kingdom SW1A 2NL

**Sponsor type** Government

Website http://www.dh.gov.uk/Home/fs/en

# Funder(s)

**Funder type** Hospital/treatment centre

**Funder Name** Worcestershire Acute Hospitals NHS Trust (UK)

### **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration