# Safety of perioperative patients with obstructive sleep apnoea

Submission date 22/10/2007	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 23/01/2008	<b>Overall study status</b> Completed	<ul> <li>Statistical analysis plan</li> <li>Results</li> </ul>
Last Edited 23/01/2008	<b>Condition category</b> Nervous System Diseases	<ul> <li>Individual participant data</li> <li>Record updated in last year</li> </ul>

#### Plain English summary of protocol

Not provided at time of registration

## **Contact information**

**Type(s)** Scientific

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers EA1/016/06

# Study information

Scientific Title

Acronym OSAS

#### **Study objectives**

Polysomnographic parameters in patients with obstructive sleep apnoea are influenced by the type of surgery and the type of anaesthesia.

Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the Charité - Berlin Medical University Ethics Committee on the 18th May 2006 (ref: EA1/016/06).

Study design

Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Hospital

**Study type(s)** Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet.

#### Health condition(s) or problem(s) studied

Obstructive sleep aponea

#### Interventions

Group 1: 20 patients with surgery with general anaesthesia Group 2: 20 patients with surgery with regional anaesthesia Group 3: 20 patients with surgery on the upper airway with general anaesthesia

Randomisation of participants will be carried out between groups 1 and 2. There is no randomisation in group 3.

#### Intervention Type

Other

Phase

#### Not Specified

#### Primary outcome measure

Apnoea-hypopnoea index, based on the following:

1. Continuous polysomnographic measurement. This will be carried out at the following timepoints:

1.1. The night before surgery from 23:00 pm to 7:00 am

1.2. For 2 hours in the recovery room after extubation

1.3. After returning from the recovery room to the ward, until 7:00 am next day

2. The patients will be asked to rate the intensity/recreative power of the night sleep on a scale,

from 1 (not recreative) to 5 (very recreative) the first and second morning 7:00 am

#### Secondary outcome measures

1. Patient satisfaction, based on the following:

1.1. The patients will be asked to rate his contentedness with the anaesthesia on a scale, from 1 (very content) to 5 (not content) the next morning after surgery

1.2. The patients will be asked to rate the pain on a scale from 0 (no pain) to 10 (strongest pain) at the following timepoints:

1.2.1. At the beginning of the anaesthesia

1.2.2. Immediately after extubation

1.2.3. After the first hour in the recovery room

1.2.4. After the second hour in the recovery room

1.2.5. Next morning after surgery

2. Heart rate and blood pressure, measured as part of the continuous polysomnographic measurement (see primary outcome measures)

3. Circulating mediators

4. Validity of screening

#### Overall study start date

01/07/2006

#### **Completion date**

31/12/2008

# Eligibility

#### Key inclusion criteria

- 1. Obstructive sleep apnoea (the Epworth Sleepiness Scale [ESS] score greater than 9)
- 2. Elective surgery with either general or regional anaesthesia, or airway surgery

3. Aged greater than 18 years, either sex

4. American Society of Anaesthesiologists (ASA) classification I - III

Participant type(s) Patient

**Age group** Adult

**Lower age limit** 18 Years **Sex** Both

Target number of participants

60

#### Key exclusion criteria

- 1. Significant cardiovascular or pulmonary disease
- 2. Significant liver or renal disease
- 3. Significant psychiatric disease rendering the subject unable to participate in the trial
- 4. Drug dependency
- 5. Chronic opioid therapy
- 6. Chronic BiPAP (Bi-level Positive Airway Pressure) ventilator therapy

Date of first enrolment 01/07/2006

Date of final enrolment 31/12/2008

## Locations

**Countries of recruitment** Germany

**Study participating centre Chariteplatz 1** Berlin Germany 10117

### Sponsor information

#### Organisation

Charite - University Medicine Berlin (Charite - Universitaetsmedizin Berlin) (Germany)

#### Sponsor details

Chariteplatz 1 Berlin Germany 10117

**Sponsor type** University/education Website http://www.charite.de

ROR https://ror.org/001w7jn25

## Funder(s)

**Funder type** University/education

**Funder Name** Charite - University Medicine Berlin (Charite - Universitaetsmedizin Berlin) (Germany)

## **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration