

# Daily evaluation and spontaneous respiratory test for shorter times in paediatric mechanical ventilation

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<b>Registration date</b> 09/04/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 09/04/2010	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N/A

## Study information

**Scientific Title**  
Daily evaluation and spontaneous respiratory test for shorter times in paediatric mechanical ventilation: a randomised controlled trial

## Study objectives

In this study, we tested the hypothesis of the combination of a daily evaluation and application of a spontaneous respiratory test in children, being able to shorten the required mechanical ventilation time, compared to weaning based on our standard of care.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

1. Comitê de Ética em Pesquisa do Hospital Universitário da Universidade de São Paulo approved on the 19th January 2007 (ref: CEP-HU/USP:710/06 - SISNEP CAAE: 0819.0.015.000-06)
2. Comissão de Ética para Análise de Projetos de Pesquisa - CAPPesq da Diretoria Clínica do Hospital das Clínicas e da Faculdade de Medicina da Universidade de São Paulo approved on the 23rd November 2006 (ref: 992/06)

## Study design

Multicentre randomised controlled trial

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Acute respiratory insufficiency

## Interventions

All patients from the test group were submitted to a daily evaluation performed every morning by an intern not involved with the decision of extubation. This evaluation considered the following information: absence of new infiltrates according to the thoracic x-ray, fraction of inspired oxygen (FiO<sub>2</sub>) less than or equal to 50%, positive end expiratory pressure (PEEP) less than or equal to 8 cm H<sub>2</sub>O, inspiratory pressure (P<sub>insp</sub>) less than 25 cm H<sub>2</sub>O, presence of respiratory drive, absence of neuromuscular blocker in the last 24 hours, correction of hydrolytic changes (calcium, phosphorus, magnesium, potassium), haemodynamic stability (use of sodium nitroprusside, dopamine and dobutamine up to 10 µg/Kg/min), no continuous sedation, and haemoglobin greater than or equal to 8 g/dL. This evaluation was performed daily until the patient was extubated.

Patients in the test group who fulfilled the daily evaluation were submitted to a spontaneous respiratory test with PEEP 5 cm H<sub>2</sub>O, pressure support of 10 cm H<sub>2</sub>O and FiO<sub>2</sub> used before the test, for a period of two hours. The test was interrupted whenever patients presented any of the criteria characteristics of a faulty test: increase in respiratory frequency 20% above the initial value, signs of increased respiratory work (use of accessory muscles and paradoxical respiration), cardiac frequency 20% above the initial value, changes in consciousness level (restlessness or sleepiness), arterial pressure less than 5th percentile for patient's age, saturation less than 90%, gas carbonic arterial pressure (PaCO<sub>2</sub>) greater than 50 mmHg or an increase above 10 mmHg in 1 hour in chronic patients.

Right before the test and in the first hour of the test, two arterial blood gas analysis were collected. If the patient did not meet any of the criteria of a faulty test, extubation was

performed. Otherwise, mechanical ventilation was re-established according to the previous parameters and the test repeated in 24 hours.

The respiratory test was not performed in the control group. Weaning was performed according to the routine procedure.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Duration of mechanical ventilation compared to weaning, measured at time of extubation

**Key secondary outcome(s)**

Measured 48 hours after extubation:

1. Faulty extubation rate
2. Need for post-extubation non-invasive mechanical ventilation

**Completion date**

01/07/2009

**Eligibility****Key inclusion criteria**

1. Children aged between 28 days and 15 years old, either sex
2. Admitted to the Hospital das Clínicas da Universidade de São Paulo - HCFMUSP and Hospital Universitário, Brazil, between July 2007 and July 2009
3. Underwent mechanical ventilation for a period over 24 hours

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Child

**Lower age limit**

28 days

**Upper age limit**

15 years

**Sex**

All

**Key exclusion criteria**

1. Younger than 28 days
2. Intubation due to upper airway obstruction (UAO)
3. Lack of consent-form
4. Presence of hernia or diaphragmatic paralysis
5. Chronic use of mechanical ventilation
6. Congenital cyanogenic cardiopathy
7. Primary pulmonary hypertension
8. Neuromuscular disease
9. Tracheostomy

Patients were included in the study only once and only the first intubation of those patients requiring a re-intubation was considered in the analysis.

**Date of first enrolment**

01/07/2007

**Date of final enrolment**

01/07/2009

## Locations

**Countries of recruitment**

Brazil

**Study participating centre**

Rua do Chá, 21

São Paulo

Brazil

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## Sponsor information

**Organisation**

University of São Paulo (Brazil)

**ROR**

<https://ror.org/036rp1748>

## Funder(s)

**Funder type**

Other

**Funder Name**  
Investigator initiated and funded (Brazil)

## Results and Publications

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**  
Not provided at time of registration

Study outputs					
Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes