

A randomised controlled trial of the efficacy of patients receiving a brief supervised self-help training package by practice nurses in primary care settings.

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 28/01/2010	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Study objectives

What are the clinical & economic differences between treatment as usual & practice nurse delivered self-help packages to patients with minor mental health problems.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

GP practice

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Minor mental health problems

Interventions

1. Practice nurse delivered self-help packages
2. Standard care

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

1. Patient outcome measures
 - 1.1. European Quality of Life (EuroQuol)

1.2. Clinical Outcomes in Routine Evaluation (CORE), problems and targets

2. Measures of economic effects (EQ-5D)

3. Primary care activity measures

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/03/1999

Completion date

01/03/2002

Eligibility

Key inclusion criteria

30 primary care practices, 15 with a GP counsellor, 15 without; 1600 patients in total

Participant type(s)

Patient

Age group

Other

Sex

Both

Target number of participants

1600

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/03/1999

Date of final enrolment

01/03/2002

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Psychological Therapies Research Centre
Leeds
United Kingdom
LS2 9JT

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details

The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

<http://www.doh.gov.uk>

Funder(s)

Funder type

Government

Funder Name

NHS Executive Northern and Yorkshire (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/10/2003		Yes	No