

# Effects of cervical vertebral manipulative therapy on judo athletes grip strength

<b>Submission date</b> 20/05/2011	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 02/06/2011	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 02/06/2011	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Marcelo Botelho

**Contact details**  
Av. Oceanica, 3731  
Rio Vermelho  
Salvador  
Brazil  
41950-000

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
n/a

## Study information

**Scientific Title**

**Study objectives**

When cervical spinal manipulation (CSMT) is applied to the cervical spine, grip strength in Judo athletes can be increased

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Research Ethics Committee, Institute of Higher Education (Instituto Mantenedor de Ensino Superior) (Brazil) May 2009, Ref 904

**Study design**

Prospective, single blind, pilot randomized clinical trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Sports performance influence on judo athletes

**Interventions**

1. Cervical spine manipulative therapy
2. Sham manipulation

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

1. Grip strength variations before CSMT therapy or sham intervention and after first, second and third interventions on groups treatment and placebo
2. For measurement it was used a hand hydraulic dynamometer (Jamar 5030 J1)

**Secondary outcome measures**

No secondary outcome measures

**Overall study start date**

01/06/2009

**Completion date**

30/06/2009

## Eligibility

**Key inclusion criteria**

1. Age ranging from 15-30 years
2. Regular attendance to training and competing sessions for at least four days a week
3. Never been submitted to chiropractic care and possess no prior knowledge of its procedures
4. No change of the medical or physical routine due the addition of the new procedures

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

25

**Key exclusion criteria**

1. Spine anomalies, such as hypoplasia or instability of the odontoid process
2. Acute fracture or infections
3. Cancer
4. Local hematoma
5. Signs of progressive neurological deficit
6. Arnold-Chiari malformation
7. Vertebral dislocation
8. Signs of meningeal irritation
9. Joint instability signs

**Date of first enrolment**

01/06/2009

**Date of final enrolment**

30/06/2009

## Locations

**Countries of recruitment**

Brazil

**Study participating centre**

**Av. Oceanica, 3731**

Salvador

Brazil

41950-000

## **Sponsor information**

**Organisation**

School of Technology and Science (Faculdade de Tecnologia e Ciências) (Brazil)

**Sponsor details**

c/o Dr Marcelo Borges Botelho and Dr Bruno Andrade

Faculdade de Tecnologia e Ciências

Salvador

Brazil

41950-000

**Sponsor type**

University/education

**ROR**

<https://ror.org/04c3ymz82>

## **Funder(s)**

**Funder type**

Other

**Funder Name**

Investigator initiated and funded (Brazil)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration