

# Counselling parents in Youth Mental Health Care: A design for structured communication of diagnosis and treatment options

**Submission date**  
03/03/2011

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
11/05/2011

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
08/05/2013

**Condition category**  
Mental and Behavioural Disorders

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

### Secondary identifying numbers

NL 21931.096.07 (CCMO the Netherlands)

# Study information

## Scientific Title

Structured Shared Decision Making in Youth Mental Health Care to lower decisional conflict of parents and to promote acceptance of recommended treatment for their child compared with counselling as usual

## Acronym

SSDM-YMHC

## Study objectives

The use of a structured counselling procedure lowers decisional conflict and promotes acceptance of recommended treatment compared with counselling as usual

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approved by the accredited Medical Research Ethics Committee Atrium-Orbis-Zuyd, Heerlen, The Netherlands on March 12 2008 (ref: METC nr: 08-T-18 CCMO nr: NL 21931.096.08)

## Study design

Interventional multicentre randomised single-blind controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Counselling parents on child psychiatric disorders

## Interventions

Counselling in dialogue (CD): a systematic counselling procedure using dialogue as communication style and visualisation as communication and information processing aid.

Parents of 78 children (up to 12 years) were randomised into an intervention group (n = 43) receiving CD and a control group (n = 35) receiving CU. In a before-and-after design decisional conflict was measured using the Decisional Conflict Scale (DCS) for parents and the Provider

Decision Process Assessment Instrument for therapists (PDPAI).

In the period May 2008-August 2009 all parents of children (up to 12 years) referred to two centres for general youth mental health care in the south of the Netherlands were asked to participate in the study. The parents of 131 children were assessed for eligibility. the parents of 110 children could be included. Parents of 94 children (85%) were randomised and the data of 81 cases (45 CD and 36 CU) could be analysed. Therapists (N = 20) were matched in pairs of two with regard to the following characteristics: the centre they work, their specialism, age, gender, country of birth, years of experience with counselling and therapy, and coping style with regard to decisional conflict. Subsequently they were randomised to be trained and to use CD or to proceed in their usually way of counselling (CU). Parents were randomly allocated to the therapists.

Randomisation for baseline assessment and demographic characteristics of the parents, and clinical features of the children was performed. Therapists were trained child and adolescent psychiatrists, psychologists, educationists, or mental health workers.

Parents and clinicians filled out questionnaires before the counseling, immediately after counselling, and one week after counseling. One month after all counseling sessions CD therapists filled out an evaluation questionnaire to rate their experiences with CD. If both parents attended counselling, both were asked to each fill out the questionnaires.

Joint/secondary sponsor details: St. Child and adolescent psychiatry in perspective (St. Kinder- en jeugdpsychiatrie in Perspectief)  
email: I.Demmendaal@erasmusmc.nl

## **Intervention Type**

Other

## **Phase**

Not Applicable

## **Primary outcome measure**

1. Decisional conflict in parents using the decisional conflict scale
2. Decisional conflict in therapists using the provider decision process assessment instrument

Measured before the counselling, immediately after counselling, and one week after counselling.

## **Secondary outcome measures**

1. Qualitative aspects, judged by all participants
2. The possibilities to apply and implement counselling in dialogue

## **Overall study start date**

01/05/2008

## **Completion date**

31/07/2009

## **Eligibility**

### **Key inclusion criteria**

All parents (men and women) of children (age < 12 year) referred to the participating therapists of two youth mental health care centres who received counselling from May 2008 till August 2009

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

80

**Key exclusion criteria**

Emergency references and parents of children, aged 12 year or older

**Date of first enrolment**

01/05/2008

**Date of final enrolment**

31/07/2009

**Locations****Countries of recruitment**

Netherlands

**Study participating centre**

Dr. H. van der Hoffplein 1

Sittard-Geleen

Netherlands

6162 BG

**Sponsor information****Organisation**

RIGG Hills and the Meuse (RIGG Heuvelland & Maasvallei) (Netherlands)

**Sponsor details**

Akerstraat 8

Maastricht

Netherlands  
6221 CL

**Sponsor type**

Hospital/treatment centre

## Funder(s)

**Funder type**

Hospital/treatment centre

**Funder Name**

RIGG Hills and the Meuse (RIGG Heuvelland & Maasvallei) (Netherlands)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2013		Yes	No