# Rehabilitation following critical illness

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
23/01/2004	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
23/01/2004	Completed	[X] Results
Last Edited	Condition category	Individual participant data
09/11/2022	Other	

#### Plain English summary of protocol

Not provided at time of registration

### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Jane Eddleston

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

RHC18082

## Study information

#### Scientific Title

Rehabilitation following critical illness

#### **Study objectives**

To test whether the provision of a self-help rehabilitation package to patients recovering from a critical illness will: help to alleviate the stress many patients feel during their convalescence; improve their physical and psychological recovery; reduce costs to the NHS in terms of fewer readmissions to hospital, reduction in GP visits and fewer specialist referrals

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Critical illness rehabilitation

#### **Interventions**

- 1. Self-help rehabilitation package
- 2. Standard post-ICU care

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Added 12/01/10:

1. Levels of depression and anxiety (Hospital Anxiety and Depression Scale)

- 2. Phobic symptoms (Fear Index)
- 3. Posttraumatic stress disorder (PTSD)-related symptoms (Impact of Events Scale)
- 4. Scores on the Short-Form Health Survey physical dimension

Measured at 8 wks and 6 months after intensive care unit (ICU) treatment

5. Memory for ICU was assessed at 2 wks post-ICU discharge using the ICU Memory Tool

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/01/1998

#### Completion date

01/01/2000

## Eligibility

#### Key inclusion criteria

Patients in rehabilitation from intensive care units (ICUs)

#### Participant type(s)

Patient

#### Age group

Adult

#### Sex

Both

#### Target number of participants

126 (added 12/01/10; see publication)

#### Total final enrolment

126

#### Key exclusion criteria

Does not meet inclusion criteria

#### Date of first enrolment

01/01/1998

#### Date of final enrolment

01/01/2000

### Locations

#### Countries of recruitment

United Kingdom

#### Study participating centre Central Manchester Healthcare NHS Trust

Manchester United Kingdom M13 9WL.

## Sponsor information

#### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

#### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

#### Website

http://www.doh.gov.uk

## Funder(s)

#### Funder type

Government

#### **Funder Name**

NHS Executive North West (UK)

### **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

#### Intention to publish date

## Individual participant data (IPD) sharing plan

Not provided at time of registration

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	resuts	01/10/2003		Yes	No