

# Newcastle Twin Antenatal Programme (TAP): a randomised controlled trial (RCT) study

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 24/02/2015	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Mrs Debbie Sen

**Contact details**  
19 Tankerville Terrace  
Jesmond  
Newcastle upon Tyne  
United Kingdom  
NE2 3AJ  
+44 (0)191 281 6160  
abc@email.com

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
RRCC/01F/31

# Study information

## Scientific Title

Newcastle Twin Antenatal Programme (TAP): a randomised controlled trial (RCT) study

## Study objectives

The primary hypothesis of the study is that the incidence of postnatal depression is reduced in women participating in a twin antenatal programme compared to women with twins in a control group receiving standard care and relative to women expecting one baby receiving standard care.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Prevention

## Participant information sheet

## Health condition(s) or problem(s) studied

Postnatal depression

## Interventions

1. Twin antenatal programme
2. Women with twins receiving standard care

## Intervention Type

Behavioural

## Primary outcome measure

Post-natal depression

## Secondary outcome measures

1. Maternal anxiety
2. Emotional well-being

3. Maternal satisfaction

4. Parental stress.

**Overall study start date**

10/01/2001

**Completion date**

10/01/2003

## **Eligibility**

**Key inclusion criteria**

Women who have given birth to healthy babies

**Participant type(s)**

Healthy volunteer

**Age group**

Adult

**Sex**

Female

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

10/01/2001

**Date of final enrolment**

10/01/2003

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**19 Tankerville Terrace**

Newcastle upon Tyne

United Kingdom

NE2 3AJ

# Sponsor information

## Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

## Sponsor details

The Department of Health  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL  
+44 (0)20 7307 2622  
dhmail@doh.gsi.org.uk

## Sponsor type

Government

## Website

<http://www.doh.gov.uk>

# Funder(s)

## Funder type

Government

## Funder Name

NHS Executive Northern and Yorkshire (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/09/2014		Yes	No