

# Newcastle Twin Antenatal Programme (TAP): a randomised controlled trial (RCT) study

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 24/02/2015	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
RRCC/01F/31

## Study information

**Scientific Title**  
Newcastle Twin Antenatal Programme (TAP): a randomised controlled trial (RCT) study

**Study objectives**

The primary hypothesis of the study is that the incidence of postnatal depression is reduced in women participating in a twin antenatal programme compared to women with twins in a control group receiving standard care and relative to women expecting one baby receiving standard care.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Prevention

**Health condition(s) or problem(s) studied**

Postnatal depression

**Interventions**

1. Twin antenatal programme
2. Women with twins receiving standard care

**Intervention Type**

Behavioural

**Primary outcome(s)**

Post-natal depression

**Key secondary outcome(s))**

1. Maternal anxiety
2. Emotional well-being
3. Maternal satisfaction
4. Parental stress.

**Completion date**

10/01/2003

**Eligibility****Key inclusion criteria**

Women who have given birth to healthy babies

**Participant type(s)**

Healthy volunteer

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Female

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

10/01/2001

**Date of final enrolment**

10/01/2003

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

**19 Tankerville Terrace**

Newcastle upon Tyne

United Kingdom

NE2 3AJ

**Sponsor information****Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

**Funder(s)****Funder type**

Government

**Funder Name**

## Results and Publications

### Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/09/2014		Yes	No