

# A trial to evaluate the safety and efficacy of treatment with azacitidine in patients with symptomatic non-obstructive hypertrophic cardiomyopathy

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<b>Registration date</b> 03/02/2026	<b>Overall study status</b> Ongoing	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 23/01/2026	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Hypertrophic cardiomyopathy (HCM) is the most common inherited cardiac disorder, affecting 1 in 500 individuals in the general adult population. HCM is typically divided into two broad categories: obstructive hypertrophic cardiomyopathy (oHCM) and non-obstructive hypertrophic cardiomyopathy (nHCM). There has been a lot of advancement in treatment for oHCM; however, current treatment for nHCM focuses on relieving symptoms rather than treating the disease itself.

Azacitidine is an approved drug for the treatment of blood cancers, including myelodysplastic syndrome (MDS) and acute myeloid leukaemia (AML). Azacitidine has been shown to help improve markers of cardiac disease and could potentially protect against further damage to the heart. The AZTEC trial will investigate the safety and efficacy of azacitidine in patients with symptomatic nHCM. The study will be conducted in two stages: Phase IIa and Phase IIb.

### Who can participate?

Adults aged 18-75 years who have a diagnosis of phenotype-positive HCM and are symptomatic of HSCN at screening, defined as being NYHA functional class II/III

### What does the study involve?

Phase IIa is an initial dose-finding trial to find the best dose of azacitidine to use in the second part of the trial. Participants will be recruited in cohorts of 3 and treated with different doses of azacitidine, starting at a low dose and either increasing or decreasing the dose depending on how well the first cohort tolerated the treatment. Participants will receive twice-weekly injections of azacitidine for 16 weeks. This phase will recruit up to 24 participants and will determine the dose to be used in Phase IIb. Participants will undergo assessments, including a 6-minute walk test, echocardiogram and cardiac MRI before and after treatment to determine if treatment with azacitidine has changed these markers of cardiac health. They will also be asked

to complete a questionnaire before and after treatment that specifically asks questions around symptoms of cardiac disease, and will also have blood taken regularly to monitor their health throughout the treatment.

Phase IIb is a randomised trial where participants will be randomised 1:1 to receive either treatment (twice-weekly injections of azacitidine for 16 weeks) or remain on standard care. This phase will recruit up to 48 participants. Participants randomised to treatment will undergo the same process as Phase IIa with assessments before and after. Participants randomised to standard care will continue with their normal treatment plan but will be reviewed on specific days throughout the trial, which will involve having a physical exam and blood samples taken. They will also receive the assessments to assess cardiac health changes in the timeframe but without azacitidine treatment.

What are the possible benefits and risks of participating?

New research is vital to developing new treatments for diseases, especially for hypertrophic cardiomyopathy, which has limited treatment options available. However, as this is a new treatment we cannot be certain of the outcome and participants may experience side effects such as increased risk of infection and inflammation, risk of bleeding, allergic reaction, decreased appetite, insomnia, dizziness, headaches, fluid build up around the heart, changes to blood pressure, breathlessness, gastrointestinal upset (constipation, diarrhoea and vomiting), kidney and liver function impairment, muscle aches and spasms, skin irritation and general symptoms such as fever, fatigue and injection site discomfort. These events will be collected as safety outcomes, and any adverse effects will be monitored.

Where is the study run from?

The Northern Ireland Inherited Cardiac Conditions Services, Level 10 of the Belfast City Hospital (UK)

When is the study starting and how long is it expected to run for?

March 2026 to September 2028

Who is funding the study?

The British Heart Foundation and the Heart Trust Fund (UK)

Who is the main contact?

1. Dr Lana Dixon, [lane.dixon@belfasttrust.hscni.net](mailto:lane.dixon@belfasttrust.hscni.net)
2. Dr Megan Campbell, [AZTEC@nctu.hscni.net](mailto:AZTEC@nctu.hscni.net)

## Contact information

### Type(s)

Public

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Scientific, Principal investigator

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## **Additional identifiers**

### **Integrated Research Application System (IRAS)**

1009388

## **Study information**

### **Scientific Title**

AZacitidine Treatment Effect on hypertrophic Cardiomyopathy: an open-label dose escalation Phase IIa trial followed by a randomised, controlled, open-label Phase IIb efficacy trial

### **Acronym**

AZTEC

### **Study objectives**

Phase IIa Primary Objective:

1. To assess the safety of 16 weeks treatment with azacitidine in patients with symptomatic nHCM.

Phase IIa Secondary Objectives:

1. To determine the optimal dose of azacitidine for use in Phase 2b of the study.  
2. To gather efficacy data on 16 weeks treatment with azacitidine in patients with symptomatic nHCM

Phase IIb Primary Objective:

1. To evaluate the efficacy of 16 weeks treatment with azacitidine in patients with symptomatic nHCM using pV02 as measured by CPET.

Phase IIb Secondary Objective:

1. Evaluation of the effects of 16 weeks treatment with azacitidine on other important cardiopulmonary outcomes.

### **Ethics approval required**

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**Ethics approval(s)**

approved 28/11/2025, North East - Tyne and Wear South Research Ethics Committee (NHSBT Newcastle Blood Donor Centre Holland Drive, Newcastle upon Tyne, NE2 4NQ, United Kingdom; +44 (0)207 104 8000; tyneandwearsouth.rec@hra.nhs.uk), ref: 25/NE/0191

**Primary study design**

Interventional

**Allocation**

Non-randomized controlled trial

**Masking**

Open (masking not used)

**Control**

Active

**Assignment**

Parallel

**Purpose**

Treatment

**Study type(s)**

**Health condition(s) or problem(s) studied**

Symptomatic non-obstructive hypertrophic cardiomyopathy (nHCM)

**Interventions**

The investigational medicinal product (IMP) will be azacitidine. Azacitidine is an epigenetic-modifying therapy that irreversibly binds to DNA methyltransferases, thus inhibiting their enzymatic activity.

Phase IIa is an open-label dose escalation/de-escalation trial in which cohorts of study subjects are planned to receive varying doses of azacitidine. Up to 24 subjects will be recruited during this phase and treated in dose cohorts (n = 3). The drug will be administered by twice-weekly subcutaneous injection in dose cohorts (n = 3) for 16 weeks.

Phase IIb is an open-label randomised controlled efficacy trial. This 12-month Phase IIb trial will recruit 48 participants who will be randomly assigned in a 1:1 ratio using randomly permuted block randomisation to either azacitidine treatment or usual care/best available treatment (BAT). Participants within the treatment arm will receive twice weekly injection of azacitidine for 16 weeks. The dose administered will be based on the recommendation made upon completion of the Phase IIa trial.

**Intervention Type**

Drug

**Phase**

## Phase II

### Drug/device/biological/vaccine name(s)

Azacitidine

### Primary outcome(s)

1. Safety of azacitidine measured using the incidence of dose limiting toxicity (DLT) in each cohort. at twice-weekly from consent until last injection (day 0-113) and again at final check up on day 141

### Key secondary outcome(s)

1. The optimal dose of azacitidine for use in Phase IIb of the study measured using safety outcome and dose finding in Phase IIa at completion of Phase IIa

2. Functional classification of heart failure measured using New York Heart Association (NYHA) classification at baseline and following 16 weeks treatment

3. Quality of life measured using Kansas City Cardiomyopathy Questionnaire (KCCQ) at baseline and following 16 weeks treatment

4. Blood biomarkers measured using Cardiac Troponin T and NT-proBNP at baseline and following 16 weeks treatment

5. Exercise tolerance measured using 6-minute walk test at baseline and following 16 weeks treatment

6. Exercise tolerance: peak oxygen consumption (pVO<sub>2</sub>) measured using cardiopulmonary Exercise Testing (CPET) at baseline and following 16 weeks treatment

7. Echocardiographic imaging parameters including systolic and diastolic function and global longitudinal strain measured using echocardiogram at baseline and following 16 weeks treatment

8. Cardiac MRI parameters including systolic and diastolic function, left ventricular hypertrophy and late gadolinium enhancement, measured using cardiac MRI at baseline and following 16 weeks treatment

### Completion date

04/09/2028

## Eligibility

### Key inclusion criteria

1. Age 18 to 75 years who have a diagnosis of phenotype-positive HCM consistent with current American and European guidelines; Left ventricle (LV) wall thickness  $\geq 15$  mm (or  $\geq 13$  mm with a family history of HCM).
2. Symptomatic of HCM at screening (defined as being NYHA functional class II/III).
3. Elevated N-terminal pro-hormone of Brain Natriuretic Peptide (NT-proBNP) level  $\geq 125$  pg/ml as measured within 6 months of screening.
4. Left ventricular ejection fraction (LVEF)  $\geq 55\%$ .
5. Left Ventricular Outflow Tract (LVOT) peak gradient at rest and during Valsalva  $< 50$  mmHg as

determined by echocardiography.

6. Total bilirubin  $\leq 1.5 \times \text{ULN}$  ( $\leq 2.0 \times \text{ULN}$  in patients with known Gilbert's syndrome) with direct bilirubin  $\leq 1 \times \text{ULN}$ .

7. Aspartate aminotransferase (AST) and alanine aminotransferase (ALT)  $\leq 2.5 \times \text{ULN}$ .

8. Estimated glomerular filtration rate (eGFR, CKD-EPI)  $>30 \text{ ml/min/1.73m}^2$  at screening.

### **Healthy volunteers allowed**

No

### **Age group**

Mixed

### **Lower age limit**

18 years

### **Upper age limit**

75 years

### **Sex**

All

### **Total final enrolment**

0

### **Key exclusion criteria**

1. Patient has a history of malignancy in the last 5 years (with the exception of non-melanoma skin cancer).

2. Patient is known to be pregnant or lactating.

3. Absolute contraindication to study drug.

4. Patients with reduced baseline blood counts (i.e. White Blood Cells (WBC)  $<3.0 \times 10^9/\text{L}$  or Absolute Neutrophil Counts (ANC)  $<1.5 \times 10^9/\text{L}$  or platelets  $<75.0 \times 10^9/\text{L}$ ) prior to the first treatment.

5. Participation in a clinical study involving any other investigational medication in the 12 weeks or 5 half-lives (whichever is longer) of the medication before recruitment, unless it can be documented that the participant was in a placebo treatment arm.

6. Patient is not capable of performing cardiopulmonary exercise stress test.

7. Men who are sexually active, who have not agreed to acceptable birth control methods whilst receiving study drug and until 3 months after the last dose of study drug.

8. Women of childbearing potential, who have not agreed to acceptable birth control methods whilst receiving study drug and until 6 months after the last dose of study drug.

9. Patients with uncontrolled cardiovascular disease, including unstable angina, uncontrolled hypertension, and NYHA class IV heart failure.

10. Known HIV, HBV, or HCV infection.

11. Type 1 diabetes or uncontrolled or unstable Type 2 diabetes, with a HbA1C of  $>75 \text{ mmol/mol}$ .

12. Patient has not recovered from an infection that required systemic treatment.

13. Consent to participate is declined.

### **Date of first enrolment**

02/03/2026

### **Date of final enrolment**

03/01/2028

## Locations

### Countries of recruitment

United Kingdom

Northern Ireland

### Study participating centre

#### Belfast City Hospital

51 Lisburn Rd

Belfast

Northern Ireland

BT9 7AB

## Sponsor information

### Organisation

Belfast Health and Social Care Trust

### ROR

<https://ror.org/02tdmfk69>

## Funder(s)

### Funder type

### Funder Name

British Heart Foundation

### Alternative Name(s)

the\_bhf, The British Heart Foundation, BHF

### Funding Body Type

Private sector organisation

### Funding Body Subtype

Trusts, charities, foundations (both public and private)

### Location

United Kingdom

**Funder Name**

Heart Trust Fund

**Results and Publications****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not expected to be made available