QUEST Trial A - Quality of life following mastectomy and breast reconstruction

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
15/12/2009		[_] Protocol		
Registration date	Overall study status	[] Statistical analysis plan		
06/01/2010	Completed	[X] Results		
Last Edited 04/04/2022	Condition category Cancer	Individual participant data		

Plain English summary of protocol

https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-looking-how-women-feel-about-themselves-after-breast-reconstruction-during-surgery-breast-cancer-quest-a

Contact information

Type(s) Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

CRUK/08/027

Study information

Scientific Title

A multicentre randomised trial to assess the impact of the type of breast reconstruction on quality of life following mastectomy

Acronym QUEST Trial A

Study objectives

To determine the acceptability and experience of randomisation amongst patients and healthcare professionals (surgeons and breast care nurses) and hence the acceptability of a randomised clinical trial in breast reconstruction.

On 21/09/2011 the overall trial start and end dates for this trial have been updated. The previous start date was 30/04/2010 and the previous end date was 31/12/2011.

Ethics approval required Old ethics approval format

Ethics approval(s) South West 2 Research Ethics Committee, 11/09/2010, ref: 10/H0206/41

Study design Phase III multicentre parallel randomised feasibility trial

Primary study design Interventional

Secondary study design

Randomised parallel trial

Study setting(s) Hospital

Study type(s) Treatment

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied Breast cancer

Interventions

Patients will be allocated in a 1:1 ratio to either immediate autologous extended lattissimus dorsi (ALD) breast reconstruction or immediate implant assisted lattissimus dorsi (LDI) breast reconstruction. Duration of follow-up is 5 years in both groups.

Intervention Type

Procedure/Surgery

Primary outcome measure

1. The number of eligible women who accept randomisation and their subsequent treatment allocation

2. The rationale for women declining randomisation as assessed through the Patient Views on QUEST questionnaire (PVQ)

3. The perceptions of surgeons and breast care nurses regarding equipoise evidence relating to cosmetic appearance, complications and quality of life outcomes through Perceptions of Equipoise Evidence and Randomisation Survey (PEERS)

Secondary outcome measures

Health related quality of life outcomes, measured at each of the follow-up assessments at 3, 6, 12, 24, 36, 48 and 60 months between allocated treatment groups

Overall study start date

01/08/2011

Completion date 31/12/2012

Eligibility

Key inclusion criteria

1. Any women requiring a mastectomy and electing to undergo latissimus dorsi breast reconstruction (LDBR) following a diagnosis of invasive primary breast cancer or ductal carcinoma in situ (DCIS)

2. Pre-operative evaluation of the breast and axilla suggest that post-operative radiotherapy is not anticipated according to local radiotherapy (RT) policy

3. Patient is technically suitable for an autologous extended LD procedure or agreeable to a reduction mammoplasty and planned contralateral reduction

4. Patient does not express a preference regarding procedure type

5. The capacity to understand the patient information sheet and ability to provide written informed consent

6. The capacity to understand and complete the self reported Health Related Quality of Life (HRQL) and General Nordic Questionnaire for Psychological and Social Factors at Work (QPS) questionnaires

7. Physical fitness as per the pre-operative evaluations (electrocardiogram [ECG], chest x-ray [CXR], blood biochemistry)

8. Aged between 25 and 75 years

Participant type(s)

Patient

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Adult

Sex Female

Target number of participants 55

Total final enrolment 17

Key exclusion criteria

1. Prophylactic or risk-reducing surgery (i.e. no malignant or pre-malignant pathology such as lobular carcinoma in situ [LCIS])

- 2. Previous radiotherapy to the breast
- 3. Bilateral synchronous pathology
- 4. Previous wide local excision (requiring completion mastectomy)
- 5. Loco-regional recurrence
- 6. Pregnancy as confirmed on blood tests or ultrasound examination

7. Evidence of distant metastases as diagnosed by chest X-ray, bone scan, liver ultrasound scan (USS) or computed tomography (CT) chest/abdomen and/or magnetic resonance imaging (MRI)

Date of first enrolment

01/08/2011

Date of final enrolment

31/12/2012

Locations

Countries of recruitment England

United Kingdom

Study participating centre Bristol Royal Infirmary Bristol United Kingdom BR2 8HW

Sponsor information

Sponsor details

Trust Headquarters Marlborough Street Bristol England United Kingdom BS1 3NU

Sponsor type Hospital/treatment centre

Website http://www.uhbristol.nhs.uk/

ROR https://ror.org/04nm1cv11

Funder(s)

Funder type Charity

Funder Name Cancer Research UK (CRUK) (UK)

Alternative Name(s) CR_UK, Cancer Research UK - London, CRUK

Funding Body Type Private sector organisation

Funding Body Subtype Other non-profit organizations

Location United Kingdom

Funder Name BUPA Foundation (UK)

Alternative Name(s)

Funding Body Type Private sector organisation Funding Body Subtype

Trusts, charities, foundations (both public and private)

Location United Kingdom

Funder Name University Hospitals of Bristol NHS Foundation Trust (UK) - Above and Beyond Charities

Funder Name Allergan Aesthetics (UK)

Funder Name Royal College of Surgeons of England (UK)

Alternative Name(s) RCS

Funding Body Type Private sector organisation

Funding Body Subtype Associations and societies (private and public)

Location United Kingdom

Results and Publications

Publication and dissemination plan Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan Not provided at time of registration

IPD sharing plan summary Not provided at time of registration

Study outputs

Output type

Results article	results	01/01/2015		Yes	No
Results article	results	02/09/2016		Yes	No
<u>Plain English results</u>			04/04/2022	No	Yes