ISRCTN38856272 https://doi.org/10.1186/ISRCTN38856272

An analysis of 1+2+1 interventions (a brief therapy model) and its applications to a community mental health team (CMHT) setting

Submission date	Recruitment status	[ ] Prospectively registered
23/01/2004	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
23/01/2004	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
24/10/2019	Mental and Behavioural Disorders	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
RMH37

Study information

Scientific Title
An analysis of 1+2+1 interventions (a brief therapy model) and its applications to a community mental health team (CMHT) setting

Study objectives
The objective is to test the hypothesis 'There is no significant difference in outcomes between limited interventions (i.e. 1+2+1) and non-limited interventions approaches to a specific team'. We are assessing a model of care and service delivery for suitability in treating people with stress /specific problem related issues. This is in order to safely decrease input/resources for individuals whose difficulties are less severe than those with enduring mental illness. At point of referral clients for whom the approach may be suitable are identified. They will be assessed at first appointment and if suitability is confirmed they will be randomly allocated to either a study group or a control group. The amount of care input into the control group would be variable with a traditional 'open-ended' number of sessions whilst input into the study group would be limited to three further sessions. Assessments would be made on both groups and the results compared.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Not Specified

Participant information sheet

Health condition(s) or problem(s) studied
Mental and behavioural disorders: depression, anxiety, neuroses

Interventions
1. Limited intervention
2. Non-limited intervention

Intervention Type

Other

Phase
Not Applicable

Primary outcome measure
Not provided at time of registration

Secondary outcome measures
Not provided at time of registration

Overall study start date
10/01/1995

Completion date
30/09/1997

Eligibility

Key inclusion criteria
Not provided at time of registration

Participant type(s)
Patient

Age group
Not Specified

Sex
Not Specified

Target number of participants
Not provided at time of registration

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
10/01/1995

Date of final enrolment
30/09/1997

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Airedale NHS Trust
Bingley
United Kingdom
BD16 2RJ

Sponsor information

Organisation
NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details
The Department of Health
Richmond House
79 Whitehall
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SW1A 2NL
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dhmail@doh.gsi.org.uk

Sponsor type
Government

Website
http://www.doh.gov.uk

Funder(s)

Funder type
Government

Funder Name
NHS Executive Northern and Yorkshire (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration