

# Early intervention for sick listed employees with mental health and/or musculoskeletal disorders

<b>Submission date</b> 20/10/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 26/10/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 02/11/2022	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

## Scientific Title

Early intervention for sick listed employees with mental health and/or musculoskeletal disorders

## Acronym

Solutions at Work

## Study objectives

The aim of the current study was to assess the efficacy of participating in a solution-focused intervention for sick listed employees with mental health problems or musculoskeletal disease. Efficacy was measured by the number of absence days per person, work status as well as perceived health status.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Mental health problems as well as musculoskeletal problems

## Interventions

Intervention: Solution oriented counselling offered in a group and/or individual setting.  
Control: Most of the individuals in the control group took part in some sort of alternative treatment of their own choice i.e. usual care.

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

Lost work days, work status after 12 months

**Secondary outcome measures**

Self assessed health status (SF-36)

**Overall study start date**

01/01/2001

**Completion date**

01/01/2003

## **Eligibility**

**Key inclusion criteria**

Employees sick-listed for more than seven weeks due to non-severe psychological problems or musculoskeletal pain were eligible.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

300

**Key exclusion criteria**

Employees with more serious psychological diagnoses were excluded because many of them would probably need treatment by mental health specialists. Some of the musculoskeletal diagnoses were also considered ineligible for the intervention and excluded.

**Date of first enrolment**

01/01/2001

**Date of final enrolment**

01/01/2003

## **Locations**

**Countries of recruitment**

Norway

**Study participating centre**

Sundmannveien 7  
Fjerdingby  
Norway  
2008

## Sponsor information

### Organisation

Norwegian Knowledge Centre for the Health Services

### Sponsor details

Box 7004  
St. Olavs plass  
Oslo  
Norway  
N-0130  
+47 23 25 50 00  
post@kunnskapssenteret.no

### Sponsor type

Other

### Website

<http://www.kunnskapssenteret.no/>

### ROR

<https://ror.org/01thff661>

## Funder(s)

### Funder type

Government

### Funder Name

Directorate for Health and Social Affairs

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

## Individual participant data (IPD) sharing plan

Not provided at time of registration

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	publication:	03/06/2003		Yes	No
<a href="#">Results article</a>	publication:	16/03/2006		Yes	No