

Early intervention for sick listed employees with mental health and/or musculoskeletal disorders

Submission date 20/10/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 26/10/2005	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 02/11/2022	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N/A

Study information

Scientific Title
Early intervention for sick listed employees with mental health and/or musculoskeletal disorders

Acronym

Solutions at Work

Study objectives

The aim of the current study was to assess the efficacy of participating in a solution-focused intervention for sick listed employees with mental health problems or musculoskeletal disease. Efficacy was measured by the number of absence days per person, work status as well as perceived health status.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Mental health problems as well as musculoskeletal problems

Interventions

Intervention: Solution oriented counselling offered in a group and/or individual setting.

Control: Most of the individuals in the control group took part in some sort of alternative treatment of their own choice i.e. usual care.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Lost work days, work status after 12 months

Key secondary outcome(s))

Self assessed health status (SF-36)

Completion date

01/01/2003

Eligibility**Key inclusion criteria**

Employees sick-listed for more than seven weeks due to non-severe psychological problems or musculoskeletal pain were eligible.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Employees with more serious psychological diagnoses were excluded because many of them would probably need treatment by mental health specialists. Some of the musculoskeletal diagnoses were also considered ineligible for the intervention and excluded.

Date of first enrolment

01/01/2001

Date of final enrolment

01/01/2003

Locations**Countries of recruitment**

Norway

Study participating centre

Sundmannveien 7

Fjerdingby

Norway

2008

Sponsor information**Organisation**

Norwegian Knowledge Centre for the Health Services

ROR

<https://ror.org/01thff661>

Funder(s)

Funder type

Government

Funder Name

Directorate for Health and Social Affairs

Results and Publications

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	publication:	03/06/2003		Yes	No
Results article	publication:	16/03/2006		Yes	No