# Pentoxifylline and vitamin E treatment for prevention of radiation induced side effects in women with breast cancer

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
11/10/2007		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
30/10/2007	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
06/07/2009	Cancer			

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Ptx-5

# Study information

#### Scientific Title

#### **Acronym**

Ptx-5

#### Study objectives

#### Primary objective:

To investigate if pentoxifylline and vitamin E prevent radiation induced side effects measured as impaired shoulder mobility in women treated for breast cancer with radiotherapy to the axilla and breast.

#### Secondary objective:

To investigate if pentoxifylline and vitamin E prevent radiation-induced side effects measured as lymphoedema, and Late Effects Normal Tissue task force Subjective, Objective, Management, and Analytic (LENT-SOMA) breast score in women treated for breast cancer with radiotherapy to the axilla and breast.

#### Tertiary objective:

To investigate if pentoxifylline and vitamin E influence development of new Radiation-Induced Fibrosis (RIF) areas as measured with an impedance method and to investigate if pentoxifylline influence the plasma levels of Transforming Growth Factor-beta1 (TGF-beta1) in women treated for breast cancer with radiotherapy to the breast and axilla.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from Lund University Ethics Committee on the 8th December 2003 (ref: LU758-03).

#### Study design

The trial is randomised, single centre, placebo controlled, double-blinded, with a parallel study design. Randomisation is stratified for previous cytostatic treatment

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Breast cancer

#### Interventions

Patients will be included in the study one month after termination of radiotherapy. At that time all other active cancer treatment will be finished, except for anti-hormone treatment with tamoxifen, letrozol, anastrozole and exemestane that are allowed as concomittant medication in this study.

During the first visit the patients will be assessed for eligibility and given a screening number. They will be informed about the study and the purpose of it. After giving their informed consent the subjects will undergo a physical examination, and their medical history will be obtained. The inclusion and exclusion criteria will be checked and then the subject will be randomised to a treatment group and given a patient number.

There are two treatment groups in the study. Both groups have the same number of patients:

Group A: treated with pentoxifylline and vitamin E

Group B: treated with placebo and vitamin E

Pentoxifylline/placebo will be escalated to 400 mg three times daily. The vitamin E dose will be 100 mg three times daily. The patients will be treated for 12 months.

#### Intervention Type

Supplement

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Pentoxifylline, vitamin E

#### Primary outcome measure

Shoulder mobility is assessed by a goniometer; axillary movement will be analysed first time when all 80 patients have finished the first year of medication.

#### Secondary outcome measures

- 1. Lymphoedema, assessed by measurement of water displacement
- 2. LENT-SOMA breast score, assessed every 3 months during the year of medication, twice in year 2 and yearly for 3 years up to 5 years
- 3. Impedance measurement of RIF areas
- 4. Plasma TGF-beta1 levels, analysed as a separate part of the study when patients have been included for 1 year

Secondary endpoint will be analysed (blinded) after one year of medication. All patients will be followed for 5 years and the final analysis will be done when all patients have been followed for 5 years.

#### Overall study start date

13/05/2004

#### Completion date

10/05/2012

# **Eligibility**

#### Key inclusion criteria

- 1. Women (no age limit) with breast cancer
- 2. Treated with axillary dissection, mastectomy or segmental resection of the breast, and radiotherapy to the breast and axilla
- 3. All active cancer treatment is terminated, except for anti-hormone treatment with tamoxifen, letrozol, anastrozole, and exemestane
- 4. Able to understand the nature of the trial and give written informed consent

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

**Female** 

#### Target number of participants

80

#### Key exclusion criteria

- 1. Known sensitivity to pentoxifylline or vitamin E
- 2. Disorders related to muscles or joints
- 3. Corticosteroid treatment during radiotherapy treatment

#### Date of first enrolment

13/05/2004

#### Date of final enrolment

10/05/2012

#### Locations

#### Countries of recruitment

Sweden

# Study participating centre Department of Oncology

Lund Sweden SE 221 85

# Sponsor information

#### Organisation

Lund University Hospital (Sweden)

#### Sponsor details

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#### Sponsor type

Hospital/treatment centre

#### Website

http://www.med.lu.se/english

#### **ROR**

https://ror.org/012a77v79

# Funder(s)

### Funder type

Research organisation

#### **Funder Name**

Swedish Cancer Society (Cancerfonden) (Sweden) (ref: 4981-B05-02XBC)

#### Alternative Name(s)

**Swedish Cancer Society** 

#### **Funding Body Type**

Private sector organisation

#### **Funding Body Subtype**

Trusts, charities, foundations (both public and private)

#### Location

Sweden

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2009		Yes	No