

A randomised controlled multi-centre treatment trial of adolescent anorexia nervosa, including assessment of cost effectiveness and patient acceptability

Submission date

25/04/2003

Recruitment status

No longer recruiting

Registration date

25/04/2003

Overall study status

Completed

Last Edited

16/08/2010

Condition category

Mental and Behavioural Disorders

☐ Prospectively registered

☐ Protocol

☐ Statistical analysis plan

☒ Results

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Prof Simon Gowers

Contact details

Department of Psychiatry

University of Liverpool

Academic Unit

Pine Lodge

79 Liverpool Road

Chester

United Kingdom

CH2 1AW

+44 (0)1244 364660

s.gowers@liv.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

HTA 97/42/02

Study information

Scientific Title

Acronym

TOUCAN

Study objectives

To evaluate, by means of a randomised controlled trial, the cost effectiveness of inpatient against outpatient treatment of adolescent anorexia nervosa and general against specialist treatment, with the following hypotheses:

1. There will be no difference in clinical outcome between inpatient and outpatient treatment in the medium and long term (1 and 2 years) by intention to treat.
2. Specialist outpatient treatment will be more clinically and cost effective than general outpatient treatment.
3. Outpatient treatment will be more cost effective than inpatient treatment.
4. Outpatient treatment will be more acceptable to subject and family in terms of general satisfaction and quality of life.

Please note that, as of 15/01/2008, the anticipated end date of this trial has been updated from 30/06/2004 to 31/12/2008.

Please note that, as of 28/0/2009, the anticipated end date of this trial has been updated from 31/12/2008 to 30/06/2009.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Does not match inclusion criteria

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Anorexia nervosa

Interventions

1. Routine outpatient treatment by CAMHS
2. Specialist outpatient treatment package (12 sessions) as used in existing Chester service
3. Inpatient treatment.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Composite clinical measure of physical, social and psychological outcome based on Morgan and Russell Scales (MRAOS).

Secondary outcome measures

1. Percentage weight for height
2. Family functioning
3. Health of the Nation Outcome Scales for Children and Adolescents (HoNOSCA)
4. Patient and family acceptability

Overall study start date

01/01/2000

Completion date

30/06/2009

Eligibility

Key inclusion criteria

1. All new cases of (Diagnostic and Statistical Manual of Mental Disorders, Fourth edition [DSM IV]) anorexia nervosa
2. Aged 12 - 18 years inclusive
3. Presenting to Child and Adolescent Mental Health Services (CAMHS), Regional Adolescent Services, or Specialist Eating Disorder Services in the North West Region over a two year period

Participant type(s)

Patient

Age group

Child

Lower age limit

12 Years

Upper age limit

18 Years

Sex

Both

Target number of participants

167

Key exclusion criteria

Not provided at time of registration.

Date of first enrolment

01/01/2000

Date of final enrolment

30/06/2009

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Department of Psychiatry

Chester

United Kingdom

CH2 1AW

Sponsor information

Organisation

University of Liverpool (UK)

Sponsor details

Research Support Office

The Foresight Building

3 Brownlow Street

Liverpool

England
United Kingdom
L69 3GL

Sponsor type
University/education

Website
<http://www.liv.ac.uk/>

ROR
<https://ror.org/04xs57h96>

Funder(s)

Funder type
Government

Funder Name
NIHR Health Technology Assessment Programme - HTA (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2007		Yes	No
Results article	results	01/03/2010		Yes	No