Does size of wine glasses impact on wine sales? A replication study in bars serving 250ml portions

Submission date 10/05/2018	Recruitment status No longer recruiting	 Prospectively Protocol
Registration date 11/05/2018	Overall study status Completed	 [] Statistical ana [X] Results
Last Edited 19/07/2019	Condition category Other	[_] Individual par

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Plain English summary of protocol

Background and study aims:

Previous research has suggested that wine glass size might affect purchasing of wine in bars and restaurants, with larger glasses leading to more wine being purchased. The aim of this study is to try to replicate an effect of glass size on purchasing, testing this effect in two bars serving large (250ml) portion sizes of wine by the glass.

Who can participate?

This study takes place in two bars (both belonging to the same chain of bars), one of which has previously taken part in a similar study

What does the study involve?

Depending on the study period, the size of the wine glass provided differs (being either 290ml, 350ml or 450ml). Portion sizes of wine are not altered. The study consists of nine periods, each lasting two weeks, starting in May 2018. The study measures the effect glass size has on the wine volume (in ml) sold per day in the bars.

What are the possible benefits and risks of participating? The results from this study will help to establish the reproducibility and size of any effect of wine glass size on purchasing. Sales of wine may increase or decrease as a result of participating in the study.

Where is the study run from?

The study is being run by the Behaviour and Health Research Unit at the University of Cambridge (UK)

When is the study starting and how long is it expected to run for? March 2018 to February 2019

Who is funding the study? National Institute for Health Research Policy Research Programme (UK) Who is the main contact? Dr Rachel Pechey

Contact information

Type(s) Scientific

Contact name Dr Rachel Pechey

Contact details

Institute of Public Health University Forvie Site Robinson Way Cambridge United Kingdom CB2 0SR

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers RG58078_2

Study information

Scientific Title

Does size of wine glasses impact on wine sales? A replication study in bars serving 250ml portions

Study objectives

The size of wine glasses used alters wine sales in bars, with: a) 350ml wine glasses increasing sales compared with 290ml wine glasses b) 450ml wine glasses increasing sales compared with 290ml wine glasses c) 450ml wine glasses increasing sales compared with 350ml wine glasses

Ethics approval required

Old ethics approval format

Ethics approval(s) University of Cambridge Research Ethics Committee, 09/05/2017, ref: Pre.2017.035

Study design

Multiple treatment reversal design

Primary study design Interventional

Secondary study design Non randomised study

Study setting(s) Other

Study type(s) Other

Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

Health condition(s) or problem(s) studied

Alcohol consumption

Interventions

The size of the wine glass in which all portions of wine served in the restaurant will be altered over fortnightly periods. Portion size will not be altered. Three different wine glass sizes will be used: 290ml, 350ml or 450ml. The study will comprise nine sequential periods lasting two weeks, alternating 350ml glasses (reference glass size) with either larger (450ml) or smaller (290ml) glasses of the same glass design (i.e. the 290ml and 450ml will be used for a total of 4 weeks each, while the 350ml reference glass will be used for a total of 10 weeks).

Intervention Type

Behavioural

Primary outcome measure

Daily volume (ml) of wine purchased throughout the 18 weeks of the study, obtained from the bars' till records

Secondary outcome measures No secondary outcome measures

Overall study start date 01/03/2018

Completion date 28/02/2019

Eligibility

Key inclusion criteria

Two bars in Cambridge, UK. One of these bars has previously participated in a study following the same study design, and the other bar is part of the same chain of bars.

Participant type(s) Other

Age group Adult

Sex Both

Target number of participants Two bars belonging to the same chain

Key exclusion criteria Does not meet inclusion criteria

Date of first enrolment 10/04/2018

Date of final enrolment 10/05/2018

Locations

Countries of recruitment England

United Kingdom

Study participating centre Behaviour and Health Research Unit University of Cambridge Cambridge United Kingdom CB2 0SR

Sponsor information

Organisation University of Cambridge

Sponsor details 16 Mill Lane Cambridge England United Kingdom CB2 1SB

Sponsor type University/education

ROR

https://ror.org/013meh722

Funder(s)

Funder type Government

Funder Name

National Institute for Health Research Policy Research Programme

Results and Publications

Publication and dissemination plan

1. Planned submission of the main results of this study for publication in peer-reviewed journal

2. Presentation of results at academic conferences

3. Dissemination of the results to the public, policy makers and other researchers through targeted social media

Intention to publish date

01/09/2019

Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are not expected to be made available because they are commercially sensitive and provided on condition that they are not shared beyond the research team.

IPD sharing plan summary

Not expected to be made available

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	17/07/2019	19/07/2019	Yes	No