# Virtual 3D modelling of the kidney anatomy to improve surgery planning for kidney cancer surgery

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
20/04/2022		☐ Protocol		
Registration date	Overall study status Completed Condition category Surgery	Statistical analysis plan		
22/04/2022		Results		
Last Edited		Individual participant data		
05/05/2022		Record updated in last year		

#### Plain English summary of protocol

Background and study aims

A nephrectomy is the surgical removal of a kidney, performed to treat a number of kidney diseases including kidney cancer.

The goal of robotic assisted partial nephrectomy is to remove the tumour from the kidney whilst trying to preserve as much of the kidney as possible. Surgical planning is currently done using 2D CT images from which the surgeon has to mentally reconstruct the anatomy to try and understand the interrelationship of the tumour with other structures, this can be very difficult and is prone to human error. This can result in poor decision making, complications and long operating times. We propose to use virtual 3D models generated from the CT scan to improve surgical planning for complex tumours.

#### Who can participate?

Patients over 18 years, selected for robotic-assisted renal cancer surgery

#### What does the study involve?

If you were to take part in this research you would not receive any additional clinical tests or medical imaging scans. Any pre-operative scans (CT scan) that you have already undergone as part of the routine clinical care pathway will be assessed for suitability for personalised 3D model creation. If the scans are of sufficient quality, a 3D model will be generated. The 3D model will then be used, in addition to the original medical scans, at three stages to assist the surgeon: (1) with theatre planning (this is the plan for the actual operation, for example where the instrument ports will be positioned or which arteries will be selectively clamped); (2) with patient communications (medical scans are often difficult to interpret for the patient whereas the 3D model should be more intuitive); (3) with navigating the instruments during the operation and locating important structures.

What are the possible benefits and risks of participating?

The possible benefits of taking part in this study are;

1. Patients go home sooner due to higher-quality surgery and the reduced chance of complications, as a consequence of improved surgical planning.

- 2. Less likelihood of an unplanned conversion, which is when the surgeon has to abandon the minimally-invasive approach in favour of open surgery during the operation due to unforeseen anatomical challenges. This is reduced due to improved anatomical understanding.
- 3. Improved patient empowerment and improved consenting, resulting in better patient decision-making. This is due to the patient being able to see and understand their 3D anatomy.
- 4. Reduced procedure time with less exposure to anaesthetic. Operation times could be reduced because the surgeon now has a better understanding of the anatomy and a better preoperative plan.

This should lead to less time being spent searching for landmarks and key vessels.

Please note that these potential benefits have not yet been proven and we can't guarantee any direct treatment benefits from taking part in this study.

CT scans are already part of your routine care. If you take part in this study you will not undergo any additional CT scans. There is no risk associated with pregnancy and breastfeeding.

Where is the study run from? Innersight Labs Ltd and King's College London (UK)

When is the study starting and how long is it expected to run for? April 2021 to April 2024

Who is funding the study? National Institute for Health and Care Research (NIHR) (UK).

Who is the main contact?

Dr Lorenz Berger, lorenz@innersightlabs.com

# Contact information

#### Type(s)

Principal investigator

#### Contact name

Dr Lorenz Berger

#### ORCID ID

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# Additional identifiers

Clinical Trials Information System (CTIS)

Nil known

#### Integrated Research Application System (IRAS)

295968

#### ClinicalTrials.gov (NCT)

NCT05109182

#### Protocol serial number

IRAS 295968, CPMS 51658

# Study information

#### Scientific Title

Virtual 3D modelling for improved surgical planning of robotic-assisted partial nephrectomy

#### Acronym

**VISP** 

#### **Study objectives**

To establish whether surgical planning using virtual 3D modelling (Innersight 3D) improves the surgical outcomes and cost-effectiveness of complex robotic-assisted partial nephrectomy procedures.

#### Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approved 29/03/2022, Wales REC 1 (Health and Care Research Wales Support and Delivery Centre, Castlebridge 4, 15-19 Cowbridge Road East, Cardiff, CF11 9AB, UK; +44 1792 606334; Wales.REC1@wales.nhs.uk), ref: 22/WA/0039

#### Study design

Interventional randomized controlled trial

#### Primary study design

Interventional

#### Study type(s)

Other

# Health condition(s) or problem(s) studied

Partial nephrectomy

#### **Interventions**

We propose to use virtual 3D models generated from the CT scan to improve surgical planning for complex kidney tumours.

The trial will recruit patients selected for robotic-assisted renal cancer surgery.

Patients will be randomised to either the control arm where only a CT scan will be used for surgical planning, which is the current gold-standard, or the intervention arm - where CT scan + 3D model will be used for surgical planning. The trial is planned to run for 18 months.

The UKCRC registered King's Clinical Trials Unit (KCTU) will provide 24/7 online 1:1 randomisation, Patients will then be documented within an Enrolment Log. Randomisation will happen once the patient has been termed eligible (following MDT). Randomisation will happen during the outpatient clinic, where the patient will be consulted about their upcoming partial nephrectomy operation. During this routine clinic appointment they will be consented and randomised.

#### **Intervention Type**

Procedure/Surgery

#### Primary outcome(s)

Operating time measured using total console time (minutes) taken from patient notes recorded after surgery.

#### Key secondary outcome(s))

- 1. Hilum preparation time (minutes) measured using a timer recorded during surgery.
- 2. Tumor preparation time (minutes) measured using a timer recorded during surgery.
- 3. Tumor resection time (minutes) measured using a timer recorded during surgery.
- 4. Hilar clamping technique (global ischemia, selective ischemia, clampless, ice cooling) recorded during surgery.
- 5. Opened collecting system (yes, no) recorded during surgery.
- 6. Conversion to radical nephrectomy (yes/no) recorded during surgery.
- 7. Conversion to open surgery (yes/no) recorded during surgery.
- 8. Clamp time (minutes) measured using a timer recorded during surgery.
- 9. Experience level of surgeon measured using a questionnaire recorded after surgery.
- 10. Blood loss (ml) taken from patient notes recorded after surgery.
- 11. Total Operative time (mins) taken from patient notes recorded after surgery.
- 11. Length of stay (days) taken from patient notes recorded 4 weeks after surgery.
- 12. Margin status on histology (positive/negative) taken from patient notes recorded 4 weeks after surgery.
- 13. Pre/Post-operative eGFR (ml/min) taken from patient notes recorded at pre-operative assessment, 1 day after surgery, 4 weeks after surgery.
- 14. Pre/Post-operative creatinine (micromoles/L) taken from patient notes recorded at preoperative assessment, 1 day after surgery, 4 weeks after surgery.
- 15. Pre/Post-operative Hemoglobin (g/dL) taken from patient notes recorded at pre-operative assessment, 1 day after surgery, 4 weeks after surgery.
- 16. Complications measured using the Clavien-Dindo Score recorded 4 weeks after surgery.

# Completion date

01/04/2024

# **Eligibility**

#### Key inclusion criteria

- 1. Aged 18 years or above.
- 2. Agreement at Multidisciplinary team meeting that this patient could undergo robotic-assisted partial nephrectomy.
- 3. Willing and able to provide written informed consent.
- 4. RENAL score (tumour complexity) >= 8.
- 5. Received contrast enhanced abdominal preoperative CT scan.

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

- 1. Do not consent for robotic assisted partial nephrectomy;
- 2. Chose to have treatment outside one of the NHS trial sites.
- 3. Participation in other clinical studies that would potentially confound this study;
- 4. Have a horseshoe, a solitary kidney or bilateral kidney tumours;
- 5. Lack of willingness to allow personal medical imaging data to be used for generating a 3D model;

#### Date of first enrolment

01/06/2022

#### Date of final enrolment

01/12/2023

# Locations

#### Countries of recruitment

**United Kingdom** 

England

#### Study participating centre Royal Free London NHS Foundation Trust

Royal Free Hospital Pond Street London United Kingdom NW3 2QG

### Study participating centre Guys Hospital Guys Hospital

Great Maze Pond London United Kingdom SE1 9RT

# Study participating centre Frimley Park Hospital

Frimley Park Scanning Centre Portsmouth Road Frimley Camberley United Kingdom GU16 7UJ

# Study participating centre Southmead Hospital

Southmead Road Westbury-on-trym Bristol United Kingdom BS10 5NB

## Study participating centre Sheffield Teaching Hospitals NHS Foundation Trust

Northern General Hospital Herries Road Sheffield United Kingdom S5 7AU

# Sponsor information

# Organisation

Innersight Labs Ltd

#### Organisation

King's College London

**ROR** 

# Funder(s)

#### Funder type

Government

#### Funder Name

National Institute for Health Research

#### Alternative Name(s)

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

#### **Funding Body Type**

Government organisation

#### **Funding Body Subtype**

National government

#### Location

United Kingdom

# **Results and Publications**

# Individual participant data (IPD) sharing plan

Any participant data will be anonymised for publication. The plan is to only publish summary outcome data of the trial - so that no individual participant data will need to be published. The datasets generated during and/or analysed during the current study are not expected to be made available as Kings' College London (KCL) owns the Intellectual Property rights to the clinical outcomes data generated from the trial and no provisions have yet been made by KCL to publish this data, apart from summary statistics used for publication.

# IPD sharing plan summary

Not expected to be made available

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
HRA research summary			28/06/2023	No	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes