# Effect of polymorphic CYP2C19 genotype on the pharmacokinetics and pharmacodynamics of clopidogrel in healthy subjects

Submission date Recruitment status Prospectively registered 31/07/2007 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 17/09/2007 Completed [X] Results [ ] Individual participant data Last Edited Condition category Circulatory System 24/05/2019

Plain English summary of protocol

Not provided at time of registration

## Contact information

Type(s)

Scientific

Contact name

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#### Contact details

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## Additional identifiers

Protocol serial number

PGX-CPG-101

## Study information

Scientific Title

Effect of polymorphic CYP2C19 genotype on the pharmacokinetics and pharmacodynamics of clopidogrel in healthy subjects

#### **Study objectives**

To evaluate the pharmacogenetic effect of CYP2C19 gene on the Pharmacokinetics (PK) / Pharmacodynamics (PD) of clopidogrel. The original target was the patients with cardiovascular diseases taking clopidogrel. However, due to the limitation of enrollment the trial was conducted with healthy subjects with different CYP2C19 genotype to demonstrate that the effect of clopidogrel varies according to the patient's CYP2C19 genotype.

#### Ethics approval required

Old ethics approval format

### Ethics approval(s)

The Institutional Review Board of Anam Hospital, Korea University College of Medicine, Seoul, Korea, approved on 12 February 2007 (ref: AN-06151-001).

#### Study design

Open-label, parallel, multiple-dose comparative study.

### Primary study design

Interventional

#### Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Cardiovascular diseases

#### Interventions

After a loading dose of clopidogrel (300 mg; oral), patients will take a standard dose of clopidogrel 75 mg once a day for 6 days.

The following will be carried out:

- 1. Assessment of PK of clopidogrel and its metabolite SR26334
- 2. Measurement of the inhibition of ADP induced platelet aggregation by clopidogrel for 15 days
- 3. Evaluation of CYP2C19 phenotyping test using omperazole hydroxylation as a CYP2C19 probe

## Intervention Type

Drug

#### Phase

**Not Specified** 

## Drug/device/biological/vaccine name(s)

CYP2C19 gene

#### Primary outcome(s)

Genetic association with biological effect of clopidogrel.

### Key secondary outcome(s))

PK/PD relationship.

#### Completion date

31/08/2007

## **Eligibility**

### Key inclusion criteria

- 1. Healthy male subjects aged between 19 to 55
- 2. Wish to participate in the study
- 3. Informed consent for the trial

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

Male

#### Total final enrolment

24

#### Key exclusion criteria

- 1. A history of or currently active clinically significant cardiac (including clinically significant abnormalities on Electrocardiogram [ECG] according to Principal Investigator [PI]), pulmonary, gastrointestinal, hepatic, renal, pancreatic, or neurological disease
- 2. Heavy smoker and alcohol consumer
- 3. Use of anticoagulants or medication within the last 1 month

#### Date of first enrolment

01/03/2007

#### Date of final enrolment

31/08/2007

## Locations

#### Countries of recruitment

Korea, South

## Study participating centre

126-1

Seoul

## Sponsor information

### Organisation

Korea University (South Korea)

#### **ROR**

https://ror.org/047dqcg40

## Funder(s)

## Funder type

Government

#### Funder Name

Anam Hospital, Korea University College of Medicine

#### Funder Name

The Korea Health 21 Research and Development Project, Ministry of Health and Welfare (South Korea)

## **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2008	24/05/2019	Yes	No