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Randomised controlled trial of group Interpersonal PsychoTherapy with depressed community members in a rural township in Huairou County, Beijing

Submission date 18/12/2006	**Recruitment status** No longer recruiting	[ ] Prospectively registered [ ] Protocol [ ] Statistical analysis plan [ ] Results [ ] Individual participant data [ ] Record updated in last year
Registration date 05/06/2007	**Overall study status** Completed	
Last Edited 19/10/2021	**Condition category** Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
BSRPC-2

Study information

Scientific Title
Randomised controlled trial of group Interpersonal PsychoTherapy with depressed community members in a rural township in Huairou County, Beijing

Acronym
IPT-China

Study objectives
Compared to a Treatment As Usual (TAU) group of depressed subjects, those randomly assigned to a 16-week group Interpersonal PsychoTherapy (IPT) intervention will have a significantly greater improvement in depression and anxiety symptoms at four months after enrolment (at the end of the IPT treatment) and ten months after enrolment (six months after the end of the IPT treatment).

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approved by IRB of Hui Long Guan Hospital

Study design
Randomised Controlled Trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Major and minor depression as defined by DSM-IV diagnostic criteria

Interventions
Weekly group interpersonal psychotherapy for 16 weeks versus treatment as usual.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
Changes from baseline in level of depression and anxiety assessed by psychiatrists blind to the group assignment status using the Hamilton Depression Scale and the Hamilton Anxiety Scale at baseline and again at 4 months and 10 months after enrolment.

Secondary outcome measures
Changes from baseline in the following at 4 months and 10 months after enrolment:
1. Self-report psychological status, assessed by Symptoms Check List [SCL-90]
2. Hopelessness, assessed by Beck Hopelessness Scale
3. Suicidal ideation, assessed by Beck Suicidal Ideation Scale
4. Quality of Life, assessed by our own scale

Overall study start date
07/01/2007

Completion date
31/05/2008

Eligibility

Key inclusion criteria
Potential subjects will be identified thruough community advertisements about the psychotherapy groups and about the criteria for entry into the groups. Persons who are 18 or older who express interest in the groups will be administered a structured clinical examination (Structured Clinical Interview for DSM-IV-TR [SCID]) by an attending-level psychiatrist to determine whether or not they meet DSM-IV diagnostic criteria of major depression or minor depression. Those who meet these diagnostic criteria and are able and willing to attend 16 weekly sessions will be enrolled in the study.

Participant type(s)
Patient

Age group
Adult

Lower age limit
18 Years

Sex
Not Specified

Target number of participants
Total of 120 subjects, 60 in each group

Key exclusion criteria
1. Persons who are not residents of Huairou County
2. Current sucidal ideation and a specific plan (who will be immediately referred to the local psychiatric hospital)
3. Physical disabilities that render them unable to attend the weekly psychotherapy sessions

Date of first enrolment
07/01/2007

Date of final enrolment
31/05/2008

Locations

Countries of recruitment
China

Study participating centre
Beijing Hui Long Guan Hospital
Beijing
China
100096

Sponsor information

Organisation
Beijing Suicide Reseach and Prevention Center (China)

Sponsor details
Beijing Hui Long Guan Hospital
Beijing
China
100096

Sponsor type
Research organisation

Funder(s)

Funder type
Research organisation

Funder Name
Beijing Suicide Research and Prevention Center (China)

Funder Name

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration