

# Multi-centre trial of out patient occupational therapy for stroke

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 20/11/2009	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
MS138

# Study information

## Scientific Title

## Study objectives

To evaluate the effects of leisure therapy and conventional occupational therapy (OT) on the mood, leisure participation and independence in Activities of Daily Living (ADL) of stroke patients six months and twelve months after hospital discharge.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Cerebrovascular disease and stroke

## Interventions

Community occupational therapy aimed at promoting independence in activities of daily living (ADL) was compared to occupational therapy aiming to promote leisure activity, or no trial intervention. Maximum of 10 visits over six months in treated patients.

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

1. Personal ADL (Barthel ADL Index)
2. Instrumental ADL (Nottingham Extended ADL scale)
3. Mood (GHQ-12)
4. Leisure activity (abbreviated Nottingham Leisure Questionnaire)
5. Handicap (London Handicap Scale)
6. Global outcome (Oxford Handicap Score, and International Stroke Trial Questions)

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

31/01/1997

**Completion date**

31/01/2000

## Eligibility

**Key inclusion criteria**

In 4/5 centres, patients with stroke were recruited at discharge from hospital. In the other centre patients were seen in an out-patient clinic.

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

209 (Added 19/11/09)

**Key exclusion criteria**

Those discharged to institutional care were excluded.

**Date of first enrolment**

31/01/1997

**Date of final enrolment**

31/01/2000

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Ageing and Disability Research Unit**  
Nottingham  
United Kingdom  
NG7 2UH

## **Sponsor information**

### **Organisation**

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

### **Sponsor details**

The Department of Health  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

### **Sponsor type**

Government

### **Website**

<http://www.doh.gov.uk>

## **Funder(s)**

### **Funder type**

Government

### **Funder Name**

NHS Cardiovascular Disease and Stroke National Research and Development Programme (UK)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

# Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/02/2001		Yes	No