Multi-centre trial of out patient occupational therapy for stroke

Submission date	Recruitment status No longer recruiting	Prospectively registered		
23/01/2004		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/01/2004	Completed	[X] Results		
Last Edited 20/11/2009	Condition category Circulatory System	[] Individual participant data		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number MS138

Study information

Scientific Title

Study objectives

To evaluate the effects of leisure therapy and conventional occupational therapy (OT) on the mood, leisure participation and independence in Activities of Daily Living (ADL) of stroke patients six months and twelve months after hospital discharge.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Cerebrovascular disease and stroke

Interventions

Community occupational therapy aimed at promoting independence in activities of daily living (ADL) was compared to occupational therapy aiming to promote leisure activity, or no trial intervention. Maximum of 10 visits over six months in treated patients.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

- 1. Personal ADL (Barthel ADL Index)
- 2. Instrumental ADL (Nottingham Extended ADL scale)
- 3. Mood (GHQ-12)
- 4. Leisure activity (abbreviated Nottingham Leisure Questionnaire)
- 5. Handicap (London Handicap Scale)
- 6. Global outcome (Oxford Handicap Score, and International Stroke Trial Questions)

Key secondary outcome(s))

Not provided at time of registration

Completion date

31/01/2000

Eligibility

Key inclusion criteria

In 4/5 centres, patients with stroke were recruited at discharge from hospital. In the other centre patients were seen in an out-patient clinic.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Those discharged to institutional care were excluded.

Date of first enrolment

31/01/1997

Date of final enrolment

31/01/2000

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Ageing and Disability Research Unit

Nottingham United Kingdom NG7 2UH

Sponsor information

Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Cardiovascular Disease and Stroke National Research and Development Programme (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/2001		Yes	No