# Splintage In External Rotation For Anterior Glenohumeral Dislocation: A Prospective, Randomised & Controlled Study

	Prospectively registered
No longer recruiting	☐ Protocol
Overall study status	Statistical analysis plan
Completed	Results
Condition category	Individual participant data
Injury, Occupational Diseases, Poisoning	Record updated in last year
	Completed  Condition category

### Plain English summary of protocol

Not provided at time of registration

# Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0649183954

# Study information

### Scientific Title

### **Study objectives**

Does splintage in external rotation following anterior shoulder dislocation reduce the incidence of recurrent dislocation?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Injury, Occupational Diseases, Poisoning: Shoulder dislocation

### Interventions

Patients presenting to fracture clinic with a first time shoulder dislocation are randomised to either current practice (use of sling) or use of an external rotation splint. Treatment otherwise is identical.

Queen Elizabeth Hospital NHS Trust study also ongoing at East Kent Hospitals which now makes it a dual centre study. Both local and central ethical approval has been gained for this.

### Intervention Type

Other

### Phase

**Not Specified** 

### Primary outcome measure

The only outcome measure needed is the incidence of recurrent dislocation.

### Secondary outcome measures

Not provided at time of registration

### Overall study start date

01/11/2005

### Completion date

01/11/2010

# **Eligibility**

### Key inclusion criteria

Patients aged 16-40 presenting to our hospital with a first time anterior shoulder dislocation.

### Participant type(s)

Patient

### Age group

Adult

### Sex

**Not Specified** 

# Target number of participants

Target: 50. As of Sep'07: 38.

### Key exclusion criteria

- 1. Age less than 16 or more than 40
- 2. Patients unable to give informed consent
- 3. All vulnerable groups (mental illness, prisoners etc) and patients with an associated fracture requiring operative intervention

### Date of first enrolment

01/11/2005

### Date of final enrolment

01/11/2010

# Locations

### Countries of recruitment

England

**United Kingdom** 

### Study participating centre

### **Orthopaedic Consultant**

London United Kingdom SE18 4QH

# Sponsor information

### Organisation

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

### Sponsor details

The Department of Health, Richmond House, 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

### Sponsor type

Government

### Website

http://www.dh.gov.uk/Home/fs/en

# Funder(s)

### Funder type

Government

### **Funder Name**

Queen Elizabeth Hospital NHS Trust (UK)

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration