Prevention of postnatal depression by a brief antenatal intervention

Submission date	Recruitment status No longer recruiting	Prospectively registered		
23/01/2004		☐ Protocol		
Registration date 23/01/2004	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited 06/12/2013	Condition category Mental and Behavioural Disorders	[] Individual participant data		
UD/ 1/// U 1.5	Mentaland behavioural Disorders			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Prof Terry Brugha

Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

NMH8C

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Mental and behavioural disorders: Depression, anxiety, neuroses; Pregnancy and childbirth: Childbirth

Interventions

A brief structured, psychosocial intervention designed to reduce deficits in social support, based on principles of social support and problem solving plus standard antenatal care. Standard antenatal care was available to all women throughout the study. An outcome assessment was completed at 3 months with all women willing to be seen postnatally.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Not provided at time of registration

Secondary outcome measures

Not provided at time of registration

Overall study start date

10/01/1999

Completion date

31/01/2002

Eligibility

Key inclusion criteria

Women attending their first antenatal clinical were screened to identify their risk of postnatal depression. Eligible subjects were assessed during the second trimester of pregnancy and those wishing to attend the intervention randomised to the intervention or control condition.

Participant type(s)

Patient

Age group

Not Specified

Sex

Female

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

10/01/1999

Date of final enrolment

31/01/2002

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Department of Psychiatry Academic Unit

Leicester United Kingdom LE5 4PW

Sponsor information

Organisation

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL

Sponsor type

Government

Website

http://www.doh.gov.uk

Funder(s)

Funder type

Government

Funder Name

NHS Mental Health National Research and Development Programme (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summaryNot provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2000		Yes	No