

# Dental caries prevention program for Cree mothers and infants

<b>Submission date</b> 29/06/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 22/07/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 04/01/2013	<b>Condition category</b> Oral Health	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
MCT-67817

## Study information

**Scientific Title**  
A clinical trial of the effectiveness of a dental caries prevention program for Cree mothers and their infants

**Acronym**

CreeC

### **Study objectives**

Primary question:

Is there any difference in the dental health status of young Cree children whose mothers have participated in a client-centred, one-on-one, preventive counseling intervention, motivational interviewing (MI), and children whose mothers received oral health information in the form of an educational pamphlet? This question will be answered by testing the hypothesis that the prevalence of caries in 30 month old children will be lower in the experimental communities than in the control communities.

Secondary questions:

Are Cree mothers knowledge and beliefs about child dental health issues, their dental health practices, and child feeding and comforting practices altered by participation in a series of motivational interviewing (MI) interventions? This question will be answered by testing the null hypothesis that there will be no difference between the two groups of mothers.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

University of British Columbia (UBC) Behavioural Research Ethics Board (ref: Certificate B04-0295) - this is re-approved annually.

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Prevention

### **Health condition(s) or problem(s) studied**

Early childhood caries or tooth decay

### **Interventions**

Primary intervention is behavioural: motivational interviewing (MI)

Experimental group: The first MI session will occur during pregnancy at time of enrolment.

Mothers will participate in at least five more MI sessions that will correspond with well-child immunisation visits between two and 24 months of age. Fluoride varnish will be offered at the 12, 18 and 24 month visits.

Control group: Mothers will receive a pamphlet. Fluoride varnish will be available at local dental clinics.

### **Intervention Type**

Other

### **Phase**

Not Applicable

**Primary outcome(s)**

The prevalence of caries, or percentage of 30 month old children with decayed, extracted and filled surfaces (DEFS) more than zero, in each community will be determined. A child's experience of caries will be determined by recording the DEFS, or number of decayed, extracted or filled primary tooth surfaces.

**Key secondary outcome(s)**

Data on dental health knowledge, oral home care practices, child-feeding and comforting practices will be collected at 30 months and compared between test and control communities. In addition, data on "caries-related health impacts", for example, history of pain, food avoidance or poor sleeping as a result of dental pain, and dental treatment received as a result of dental caries will be compared.

**Completion date**

31/03/2010

**Eligibility****Key inclusion criteria**

1. 309 Cree mother-child pairs in Eeyou Istchee (Cree territory of northern Quebec)
2. Mothers aged 18 - 49 years old

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

Female

**Key exclusion criteria**

Any pregnant women or woman with a newborn who knows that she will be imminently moving out of the Cree territory.

**Date of first enrolment**

01/04/2004

**Date of final enrolment**

31/03/2010

**Locations**

## Countries of recruitment

Canada

## Study participating centre

2199 Wesbrook Mall

Vancouver, BC

Canada

V6T 1Z3

## Sponsor information

### Organisation

Canadian Institutes of Health Research (CIHR) (Canada)

### ROR

<https://ror.org/01gavpb45>

## Funder(s)

### Funder type

Research organisation

### Funder Name

Canadian Institutes of Health Research (CIHR) (Canada) - <http://www.cihr-irsc.gc.ca> (ref: MCT-67817)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/11/2012		Yes	No
<a href="#">Protocol article</a>	protocol	13/05/2010		Yes	No