# Dental caries prevention program for Cree mothers and infants

Submission date Recruitment status Prospectively registered 29/06/2004 No longer recruiting [X] Protocol [ ] Statistical analysis plan Registration date Overall study status 22/07/2004 Completed [X] Results Individual participant data **Last Edited** Condition category 04/01/2013 Oral Health

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

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# Additional identifiers

# Protocol serial number

MCT-67817

# Study information

#### Scientific Title

A clinical trial of the effectiveness of a dental caries prevention program for Cree mothers and their infants

#### **Acronym**

#### CreeC

#### **Study objectives**

#### Primary question:

Is there any difference in the dental health status of young Cree children whose mothers have participated in a client-centred, one-on-one, preventive counseling intervention, motivational interviewing (MI), and children whose mothers received oral health information in the form of an educational pamphlet? This question will be answered by testing the hypothesis that the prevalence of caries in 30 month old children will be lower in the experimental communities than in the control communities.

#### Secondary questions:

Are Cree mothers knowledge and beliefs about child dental health issues, their dental health practices, and child feeding and comforting practices altered by participation in a series of motivational interviewing (MI) interventions? This question will be answered by testing the null hypothesis that there will be no difference between the two groups of mothers.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

University of British Columbia (UBC) Behavioural Research Ethics Board (ref: Certificate B04-0295) - this is re-approved annually.

#### Study design

Randomised controlled trial

### Primary study design

Interventional

# Study type(s)

Prevention

# Health condition(s) or problem(s) studied

Early childhood caries or tooth decay

#### **Interventions**

Primary intervention is behavioural: motivational interviewing (MI)

Experimental group: The first MI session will occur during pregnancy at time of enrolment. Mothers will participate in at least five more MI sessions that will correspond with well-child immunisation visits between two and 24 months of age. Fluoride varnish will be offered at the 12, 18 and 24 month visits.

Control group: Mothers will receive a pamphlet. Fluoride varnish will be available at local dental clinics.

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome(s)

The prevalence of caries, or percentage of 30 month old children with decayed, extracted and filled surfaces (DEFS) more than zero, in each community will be determined. A childs experience of caries will be determined by recording the DEFS, or number of decayed, extracted or filled primary tooth surfaces.

#### Key secondary outcome(s))

Data on dental health knowledge, oral home care practices, child-feeding and comforting practices will be collected at 30 months and compared between test and control communities. In addition, data on "caries-related health impacts", for example, history of pain, food avoidance or poor sleeping as a result of dental pain, and dental treatment received as a result of dental caries will be compared.

#### Completion date

31/03/2010

# Eligibility

#### Key inclusion criteria

- 1. 309 Cree mother-child pairs in Eeyou Istchee (Cree territory of northern Quebec)
- 2. Mothers aged 18 49 years old

#### Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Adult

# Lower age limit

18 years

#### Sex

Female

#### Key exclusion criteria

Any pregnant women or woman with a newborn who knows that she will be imminently moving out of the Cree territory.

#### Date of first enrolment

01/04/2004

#### Date of final enrolment

31/03/2010

# Locations

#### Countries of recruitment

Canada

Study participating centre 2199 Wesbrook Mall

Vancouver, BC Canada V6T 1Z3

# Sponsor information

#### Organisation

Canadian Institutes of Health Research (CIHR) (Canada)

#### **ROR**

https://ror.org/01gavpb45

# Funder(s)

# Funder type

Research organisation

#### Funder Name

Canadian Institutes of Health Research (CIHR) (Canada) - http://www.cihr-irsc.gc.ca (ref: MCT-67817)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created Date added Peer reviewed? Patient-facing?		
Results article	results	01/11/2012	Yes	No
Protocol article	protocol	13/05/2010	Yes	No
	Participant information shee	t		