

# Does dietetic advice and optimisation of nutritional intake for the elderly in the community impact on healthcare utilisation: A prospective randomised controlled trial

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 26/03/2018	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N0192134867

# Study information

## Scientific Title

Does dietetic advice and optimisation of nutritional intake for the elderly in the community impact on healthcare utilisation: A prospective randomised controlled trial

## Study objectives

Does dietetic advice and optimisation of nutritional intake in the community-based elderly impact on overall healthcare utilisation?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Other

## Participant information sheet

## Health condition(s) or problem(s) studied

Nutritional, Metabolic, Endocrine:

## Interventions

Randomised Controlled Trial

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

Weight and body mass index.

### **Secondary outcome measures**

1. Illness events
2. GP consultations
3. Prescription costs
4. Hospital admissions and length of stay
5. Quality of life
6. Dietary intake

### **Overall study start date**

19/12/2003

### **Completion date**

31/12/2005

## **Eligibility**

### **Key inclusion criteria**

Not provided at time of registration

### **Participant type(s)**

Patient

### **Age group**

Senior

### **Sex**

Not Specified

### **Target number of participants**

Not provided at time of registration

### **Key exclusion criteria**

Does not meet inclusion criteria

### **Date of first enrolment**

19/12/2003

### **Date of final enrolment**

31/12/2005

## **Locations**

### **Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Consultant in Gastroenterology and Clinical Nutrition**  
Nottingham  
United Kingdom  
NG7 2UH

## **Sponsor information**

**Organisation**  
Department of Health

**Sponsor details**  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

**Sponsor type**  
Government

**Website**  
<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

**Funder type**  
Hospital/treatment centre

**Funder Name**  
Queen's Medical Centre University Hospital NHS Trust (UK)

## **Results and Publications**

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration