

Working Well with Back Pain - Phase 2

Submission date 23/04/2010	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/04/2010	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 22/07/2013	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Mrs Carol Coole

Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

7086

Study information

Scientific Title

Changing perceptions of work ability in people with low back pain: feasibility and economic evaluation (phase 2)

Study objectives

To examine the feasibility of adding an individually targeted enhanced vocational dimension to an existing NHS rehabilitation programme for employed patients with back pain.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Derbyshire Research Ethics Committee approved on the 24th March 2009 (ref: 09/H0401/15)

Study design

Randomised interventional treatment trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

GP practice

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Topic: Primary Care Research Network for England, Musculoskeletal; Subtopic: Not Assigned, Musculoskeletal (all Subtopics); Disease: Musculoskeletal, All Diseases

Interventions

Control: Group back pain rehabilitation programme

Intervention: Group rehabilitation plus individually targeted work-focused intervention - up to 8 face-to-face treatments over a 16 week period from baseline.

Intervention Type

Other

Phase

Phase II

Primary outcome measure

Perceived work ability, measured with the Work Ability Index at baseline and at 6 months post-randomisation

Secondary outcome measures

All measured at baseline and 6 months post-randomisation:

1. Roland and Morris Disability Questionnaire

Overall study start date

08/05/2009

Completion date

31/10/2009

Eligibility

Key inclusion criteria

1. Offered treatment by Nottingham Back and Pain Team
2. Employed
3. Concerned about work ability due to low back pain
4. Aged 18 years and over, male and female

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

Planned Sample Size: 50; UK Sample Size: 50

Key exclusion criteria

1. Already receiving vocational rehabilitation via NHS for low back pain
2. Not fluent in English

Date of first enrolment

08/05/2009

Date of final enrolment

31/10/2009

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
Division of Rehabilitation and Ageing
Nottingham
United Kingdom
NG7 2UH

Sponsor information

Organisation
University of Nottingham (UK)

Sponsor details
Research Innovation Services
Kings Meadow Campus
Lenton Lane
Nottingham
England
United Kingdom
NG7 2NR

Sponsor type
University/education

Website
<http://www.nottingham.ac.uk/>

ROR
<https://ror.org/01ee9ar58>

Funder(s)

Funder type
Charity

Funder Name
Arthritis Research Campaign (ARC) (UK) (ref: 17891)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2013		Yes	No