

# Working Well with Back Pain - Phase 2

<b>Submission date</b> 23/04/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/04/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 22/07/2013	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**Protocol serial number**  
7086

## Study information

**Scientific Title**  
Changing perceptions of work ability in people with low back pain: feasibility and economic evaluation (phase 2)

**Study objectives**

To examine the feasibility of adding an individually targeted enhanced vocational dimension to an existing NHS rehabilitation programme for employed patients with back pain.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Derbyshire Research Ethics Committee approved on the 24th March 2009 (ref: 09/H0401/15)

**Study design**

Randomised interventional treatment trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Topic: Primary Care Research Network for England, Musculoskeletal; Subtopic: Not Assigned, Musculoskeletal (all Subtopics); Disease: Musculoskeletal, All Diseases

**Interventions**

Control: Group back pain rehabilitation programme

Intervention: Group rehabilitation plus individually targeted work-focused intervention - up to 8 face-to-face treatments over a 16 week period from baseline.

**Intervention Type**

Other

**Phase**

Phase II

**Primary outcome(s)**

Perceived work ability, measured with the Work Ability Index at baseline and at 6 months post-randomisation

**Key secondary outcome(s)**

All measured at baseline and 6 months post-randomisation:

1. Roland and Morris Disability Questionnaire

**Completion date**

31/10/2009

**Eligibility****Key inclusion criteria**

1. Offered treatment by Nottingham Back and Pain Team
2. Employed

3. Concerned about work ability due to low back pain
4. Aged 18 years and over, male and female

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Already receiving vocational rehabilitation via NHS for low back pain
2. Not fluent in English

**Date of first enrolment**

08/05/2009

**Date of final enrolment**

31/10/2009

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Division of Rehabilitation and Ageing**

Nottingham

United Kingdom

NG7 2UH

**Sponsor information****Organisation**

University of Nottingham (UK)

ROR

<https://ror.org/01ee9ar58>

## Funder(s)

### Funder type

Charity

### Funder Name

Arthritis Research Campaign (ARC) (UK) (ref: 17891)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2013		Yes	No