

# Working Well with Back Pain - Phase 2

<b>Submission date</b> 23/04/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/04/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 22/07/2013	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Mrs Carol Coole

### Contact details

Division of Rehabilitation and Ageing  
B Floor Medical School  
Queens Medical Centre  
Derby Road  
Nottingham  
United Kingdom  
NG7 2UH

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

7086

## Study information

Scientific Title

Changing perceptions of work ability in people with low back pain: feasibility and economic evaluation (phase 2)

**Study objectives**

To examine the feasibility of adding an individually targeted enhanced vocational dimension to an existing NHS rehabilitation programme for employed patients with back pain.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Derbyshire Research Ethics Committee approved on the 24th March 2009 (ref: 09/H0401/15)

**Study design**

Randomised interventional treatment trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

GP practice

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Topic: Primary Care Research Network for England, Musculoskeletal; Subtopic: Not Assigned, Musculoskeletal (all Subtopics); Disease: Musculoskeletal, All Diseases

**Interventions**

Control: Group back pain rehabilitation programme

Intervention: Group rehabilitation plus individually targeted work-focused intervention - up to 8 face-to-face treatments over a 16 week period from baseline.

**Intervention Type**

Other

**Phase**

Phase II

**Primary outcome measure**

Perceived work ability, measured with the Work Ability Index at baseline and at 6 months post-randomisation

## **Secondary outcome measures**

All measured at baseline and 6 months post-randomisation:

1. Roland and Morris Disability Questionnaire

## **Overall study start date**

08/05/2009

## **Completion date**

31/10/2009

# **Eligibility**

## **Key inclusion criteria**

1. Offered treatment by Nottingham Back and Pain Team
2. Employed
3. Concerned about work ability due to low back pain
4. Aged 18 years and over, male and female

## **Participant type(s)**

Patient

## **Age group**

Adult

## **Lower age limit**

18 Years

## **Sex**

Both

## **Target number of participants**

Planned Sample Size: 50; UK Sample Size: 50

## **Key exclusion criteria**

1. Already receiving vocational rehabilitation via NHS for low back pain
2. Not fluent in English

## **Date of first enrolment**

08/05/2009

## **Date of final enrolment**

31/10/2009

# **Locations**

## **Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Division of Rehabilitation and Ageing**  
Nottingham  
United Kingdom  
NG7 2UH

## **Sponsor information**

**Organisation**  
University of Nottingham (UK)

**Sponsor details**  
Research Innovation Services  
Kings Meadow Campus  
Lenton Lane  
Nottingham  
England  
United Kingdom  
NG7 2NR

**Sponsor type**  
University/education

**Website**  
<http://www.nottingham.ac.uk/>

**ROR**  
<https://ror.org/01ee9ar58>

## **Funder(s)**

**Funder type**  
Charity

**Funder Name**  
Arthritis Research Campaign (ARC) (UK) (ref: 17891)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2013		Yes	No