

Naturopathic Care for Low Back Pain: a randomised controlled trial

Submission date 19/12/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 16/01/2007	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 19/09/2007	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Contact details
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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
LBPT01

Study information

Scientific Title

Acronym

NCLBP

Study objectives

Will naturopathic care including acupuncture, diet counselling, and deep breathing be equally or more effective than a physiotherapy equivalent?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Internal Review Board of The Canadian College of Naturopathic Medicine. Obtained in January 2005.

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Chronic low back pain

Interventions

Active: acupuncture, dietary counseling, relaxation exercises

Control: education on physiotherapy exercises

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Oswestry, Roland and Morris Disability Questionnaire

Secondary outcome measures

1. Short Form health survey (SF-36)
2. Spinal Forward Flexion
3. Medication and adjunctive treatment usage

Overall study start date

01/01/2005

Completion date

01/09/2005

Eligibility**Key inclusion criteria**

1. Mentally competent volunteers 18 to 65, male or female
2. Low back pain of more than six weeks duration
3. Normal on physical examination at the pre-study physical

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

75

Key exclusion criteria

1. History of spinal operations
2. Current history of herniated disk
3. Current history of systemic rheumatological disease, ankylosing spondylitis, tumors, infection
4. Pregnancy

Date of first enrolment

01/01/2005

Date of final enrolment

01/09/2005

Locations**Countries of recruitment**

Canada

Study participating centre
Department of Clinical Epidemiology
Toronto
Canada
M2K 1E2

Sponsor information

Organisation
The Canadian College of Naturopathic Medicine (Canada)

Sponsor details
1255 Sheppard Ave E.
Toronto
Canada
M2K 1E2

Sponsor type
University/education

Website
<http://www.ccnm.edu/>

ROR
<https://ror.org/03pjwtr87>

Funder(s)

Funder type
Research organisation

Funder Name
Canada Post Corporation

Funder Name
Canadian Union of Postal Workers

Funder Name

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	19/09/2007		Yes	No