A Randomized Controlled Study in Newly Diagnosed Severe Aplastic Anemia Patients Receiving Antithymocyte Globulin (ATG), Cyclosporin A, with or without Granulocyte Colony Stimulating Factor (G-CSF)

Submission date	Recruitment status No longer recruiting	Prospectively registered		
21/09/2005		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
21/10/2005	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
18/01/2011	Haematological Disorders			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number N/A

Study information

Scientific Title

Acronym

SAA-G-CSF

Study objectives

In patients with severe/very severe aplastic anaemia (who are not eligible for bone marrow transplantation), this study aims to evaluate the effect of G-CSF on failure free survival and mortality in patients also receiving ATG and Cyclosporin A

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Severe or very severe aplastic anaemia

Interventions

Open label, randomized, controlled study of G-CSF, ATG and Cyclosporin A, versus ATG and Cyclosporin A. Subjects will be evaluated for hematologic response through day 240. Subjects who do not demonstrate a partial or complete remission by day 120 will be randomized to receive either a second course of ATG or continue their current regimen. Subjects who do demonstrate a partial or complete remission will continue their current regimen through day 240 or maintenance of a complete remission for 30 days. The last day of study treatment will be day 240.

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

G-CSF, ATG and Cyclosporin A

Primary outcome(s)

To evaluate the effect of G-CSF on failure free survival and mortality in study subjects also receiving ATG and Cyclosporin A. Also time to hematologic response (failure defined as death, non-response or requirement of further treatment).

Key secondary outcome(s))

- 1. The proportion of subjects who achieve a hematologic response
- 2. The incidence of severe infections
- 3. The benefit due to the addition of G-CSF on death rate, days of hospitalization, and duration of antibiotic treatment
- 4. Time to achieving a complete remission within 120 days
- 5. Proportion of subjects who achieve a complete remission within 120 days
- 6. The relapse rate among responders
- 7. Median blood counts among subjects who achieve transfusion independence
- 8. The proportion of subjects who have a change in severity of disease (e.g. improvement from very severe to severe aplastic anemia)
- 9. Proportion of subjects who respond to re-treatment with ATG
- 10. The safety of G-CSF in subjects treated with G-CSF, ATG and Cyclosporin A, compared to subjects who receive ATG and Cyclosporin A

Completion date

31/12/2007

Eligibility

Key inclusion criteria

- 1. Severe or very severe aplastic anaemia
- 2. Less than 6 months from diagnosis of severe aplastic anaemia by bone marrow biopsy
- 3. For patients in the UK and in Germany there are minimum age restrictions: 16 and 18 years respectively

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

- 1. Eligibility for a human leukocyte antigen (HLA) matched sibling donor transplant
- 2. Prior therapy with ATG
- 3. Cyclosporin A <4 weeks before enrollment

- 4. Treatment with G-CSF < 2 weeks before enrollment
- 5. Other growth factors <4 weeks before enrollment
- 6. Diagnosis of Fanconi anaemia, dyskeratosis congenita or congenital bone marrow failure syndrome
- 7. Evidence of myelodysplastic disease
- 8. Diagnosis or previous history of carcinoma (except local cervical, basal cell, squamous cells, or melanoma)
- 9. Subjects who have infection, hepatic, renal cardiac, metabolic or other concurrent diseases of such severity that death is imminent
- 10. Pregnant or breast feeding females

Date of first enrolment

26/02/2001

Date of final enrolment 31/12/2007

Locations

Countries of recruitment

United Kingdom

Czech Republic

France

Germany

Greece

Italy

Netherlands

Switzerland

Study participating centre Hematology

Basel Switzerland 4031

Sponsor information

Organisation

European Group Blood and Marrow Transplantation

ROR

https://ror.org/014wq8057

Funder(s)

Funder type

Industry

Funder Name

Chugai-Aventis

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	28/04/2011		Yes	No