

# Determining the optimal approach to identifying individuals with chronic obstructive pulmonary disease

<b>Submission date</b> 22/02/2011	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 31/03/2011	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 19/11/2018	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Protocol serial number

N/A

## Study information

**Scientific Title**

Determining the optimal approach to identifying individuals with chronic obstructive pulmonary disease: a multi-centre randomised trial

**Acronym**

DOC study

**Study objectives**

1. To identify the most effective case-finding pathway for chronic obstructive pulmonary disease (COPD). The specific health service impacts across different possible pathways for undertaking COPD case finding amongst current smokers in primary care settings will be assessed.
2. To assess the cost-effectiveness of COPD case-finding pathways. A cost-per-true-positive-case-found analysis will be undertaken and health care resource use will be incorporated.
3. To evaluate the efficiency of the 'case finding' pathway. Key factors to consider will be the quality of the forced expiratory volume in one second (FEV1)/forced vital capacity (FVC), mechanical peak expiratory flow rate (PEFR) measurements and wheezometer measurements (in relation to the reference standard).
4. To evaluate whether undergoing the diagnostic test(s) has an impact on smoking behaviour to inform future smoking cessation studies.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Newcastle and North Tyneside 2 Research Ethics Committee, 29/07/2010, ref: 10/H0907/37

**Study design**

Multi-centre randomised trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Chronic obstructive pulmonary disease (COPD)

**Interventions**

1. Participants will undertake lung function tests (i.e. peak flow measurement, microspirometry and post-bronchodilator spirometry), a wheeze-detecting device (i.e. wheezometer) and a case-finding questionnaire
2. Further questionnaires will be completed during the study; a screening questionnaire and a follow-up questionnaire.

All participants receive the case-finding tests, with half randomised to receive the tests straight away and the remainder will receive the tests approximately 6 months later.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Effectiveness of diagnostic pathways - aim to identify the most effective pathway for use as the routine service model in primary care

**Key secondary outcome(s)**

1. Cost-effectiveness of COPD case-finding pathway
2. Efficiency of COPD case-finding pathway
3. Impact on smoking behaviour

**Completion date**

01/09/2013

## Eligibility

**Key inclusion criteria**

Current smokers aged 35 years or more who are registered with participating GP practices

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Pregnancy
2. Recent history (within 8 weeks) of myocardial infarction, stroke, pulmonary embolism, chest /abdominal surgery or eye surgery
3. Any mental or physical condition (e.g. chest/abdominal pain/stress incontinence) or any other condition which means the participant is unable to undergo the case-finding tools

**Date of first enrolment**

01/05/2011

**Date of final enrolment**

31/07/2012

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**  
**York Trials Unit**  
York  
United Kingdom  
YO10 5DD

## Sponsor information

**Organisation**  
University of York (UK)

**ROR**  
<https://ror.org/04m01e293>

## Funder(s)

**Funder type**  
Government

**Funder Name**  
Department of Health (UK) - Respiratory Programme

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/06/2018		Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes