

# The effect of complementary therapies on improvement of diabetic control through lifestyle modification and reduction of stress response

<b>Submission date</b> 07/02/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 31/03/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 13/09/2016	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Jolanta Weaver

### Contact details

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## Additional identifiers

### Protocol serial number

Version 1

## Study information

Scientific Title

The effect of complementary therapies on improvement of diabetic control through lifestyle modification and reduction of stress response

**Study objectives**

Not provided at time of registration

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

Diabetes mellitus

**Interventions**

Structured exercises of yoga and relaxation in randomly assigned subjects

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Not provided at time of registration

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

31/05/2001

## **Eligibility**

**Key inclusion criteria**

1. Aged 30 years and over
2. Type II diabetes mellitus
3. Features of metabolic syndrome treated with either diet or hypoglycaemic agents

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/04/2000

**Date of final enrolment**

31/05/2001

## **Locations**

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

Gateshead Health NHS Foundation Trust

Gateshead

United Kingdom

NE9 6SX

## **Sponsor information**

**Organisation**

Gateshead Health NHS Foundation Trust

**ROR**

<https://ror.org/01aye5y64>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

NHS Support R&D Funding (418/04)

**Funder Name**

Health Action Zone

**Funder Name**

District Nurse Community Funds

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration